



# March Menu, 2026



1% or Skim milk provided  
Margarine available

LS-Low Sodium

**MENU ITEMS SUBJECT TO CHANGE**

**SUGGESTED DONATION \$3.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti with Meat Sauce Broccoli  Garlic Bread  Lorna Doone Cookies	3 Fish Filet Mashed Potatoes California Blend Veggies  Wheat Bread  Pudding	4 See BFL Menu	5 See BFL Menu	6 Escarole Soup Unsalted Crackers Tuna Fish with Celery and Onion Potato Salad Tomato Salad Sub Roll  Oatmeal Bar
9 Meatballs with Orange Sauce Brown Rice Meadow Blend Veggies  White Dinner Roll  Pineapple	10 BBQ Chicken Macaroni and Cheese Carrots  White Bread  Fruited Yogurt	11 See BFL Menu	12 See BFL Menu	13 Lasagna with Marinara Sauce Winter Blend Veggies  Italian Bread  Birthday Cake
16 Pork Chopette with Apple Gravy Buttered Egg Noodles Harvard Beets  Multigrain Bread  Applesauce	17 Grape Juice Corned Beef and Cabbage Boiled Potatoes Carrots Mustard Rye Bread  St. Patrick's Dessert 	18 See BFL Menu	19 See BFL Menu	20 Tomato Florentine Unsalted Crackers Fish Filet Buttered Orzo Peas and Carrots  Rye Bread  Peaches
23 Bruschetta Chicken White Rice Garlic Green Beans  Italian Bread  Tropical Fruit	24 Grape Juice Taco Mix Yellow Rice Black Bean, Corn and Mango Salad  Flour Tortilla  Peaches	25 See BFL Menu	26 See BFL Menu	27 Orange Juice Three Bean Vegetarian Chili Brown Rice Spinach  Cornbread  Oreos
30 Ravioli with Marinara Zucchini  Italian Bread  Fresh Clementine	31 Meatballs with LS Gravy Herbed Noodle Geneva Blend Veggies  Dinner Roll  Pears			

**FOOD ALLERGY WARNING:** Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!