



CW Solutions Senior Community Café at Calendar House in Southington

October Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2</p> <p>Hearty Vegetable Soup Unsalted Crackers Chicken Marsala Mashed Potato Green Beans</p> <p>100% Whole Wheat</p> <p>Cinnamon Applesauce</p>	<p>3</p> <p>Sliced Ham with Pineapple Glaze Sweet Potato Geneva Blend Veggies</p> <p>Rye Bread</p> <p>Pineapple Cup</p>	<p>4</p> <p>Apple Juice Southern Grilled Chicken Salad with Olives, Tomatoes, Black Beans, and Corn Ranch Dressing</p> <p>Corn Muffin</p> <p>Chocolate Pudding</p>	<p>5</p> <p>Broiled Fish with Garlic Butter Cracker Crumbs Cheesy Rice Brussel Sprouts</p> <p>Wheat Bread</p> <p>Banana</p>	<p>6</p> <p>Homemade Meatloaf with Gravy Wide Egg Noodles Peas and Carrots</p> <p>Potato Bread</p> <p>Tropical Fruit Cup</p>	
<p>9</p> <p>Calendar House Closed</p> <p>Columbus Day</p>	<p>10</p> <p>Chicken Picatta Linguini Brussel Sprouts</p> <p>Dinner Roll</p> <p>Brownie</p>	<p>11</p> <p>Tomato Basil Soup Unsalted Crackers Broccoli, Potato, Sausage Crumble Egg Bake Spinach</p> <p>Biscuit</p> <p>Pear Cup</p>	<p>12</p> <p>Baked Veal Parmesan Rigatoni with Sauce Romaine Salad Italian Dressing</p> <p>Italian Bread</p> <p>Banana</p>	<p>13</p> <p>Grape Juice Turkey Divan Brown Rice California Blend Veggies</p> <p>Whole Wheat Roll Banana Pudding with Whipped Topping</p>	
<p>16</p> <p>Lazy Stuffed Cabbage (Beef/Pork) Mashed Potato Meadow Blend Veggies</p> <p>Italian Bread</p> <p>Plum</p>	<p>17</p> <p>Apple Juice Herbed Chicken Legs Cheesy Rice Oriental Blend Veggies</p> <p>100% Whole Wheat Baked Apples with with Topping</p>	<p>18</p> <p>Open Faced Turkey Sandwich Turkey Gravy Stuffing Carrots and Broccoli</p> <p>Warm Peach Cobbler with Whipped Topping</p>	<p>19</p> <p>Roast Pork with Cranberry Glaze Sesame Noodles Spinach and Red Peppers</p> <p>Whole Wheat Bread</p> <p>Banana</p>	<p>20</p> <p>Minestrone Soup Unsalted Crackers Codfish Cakes Steak Fries Broccoli Tartar Sauce Oatmeal Bread</p> <p>Fresh Apple</p>	
<p>23</p> <p>CLOSED DUE TO HIGH TEA EVENT AT CALENDAR HOUSE</p> <p>NO LUNCH</p>	<p>24</p> <p>Corn Chowder Unsalted Crackers Fajita Chicken Strips with Peppers and Onions Spanish Rice Pintos and Black Eye Peas Tortilla</p> <p>Pears</p>	<p>25</p> <p>Orange Juice Spaghetti with Meatballs Garden Salad Italian Dressing</p> <p>Garlic Bread</p> <p>Pie</p>	<p>26</p> <p>Chicken and Sausage Gumbo Rice Mixed Vegetables</p> <p>Corn Bread</p> <p>Mandarin Oranges</p>	<p>27</p> <p>Roast Turkey with Turkey Gravy Mashed Potato Brussel Sprouts Cranberry Sauce</p> <p>Dinner Roll</p> <p>Oatmeal Cookies</p>	
<p>30</p> <p>Apple Juice Bean and Veggie Chili Brown Rice</p>  <p>Corn Muffin</p> <p>Tapioca Pudding</p>	<p>31</p> <p>Growling Grape Juice Creepy Country Fried Chicken with Crawling Country Gravy Moaning Mashed Potato Ghoulish Green Beans and Monster Mushrooms 12 Grain Beastly Bread Halloween Treat</p>	 <p>HAPPY HALLOWEEN</p>			<p>Cafe Phone</p> <p>Call (860) 621-6738</p> <p>Call to make Reservations</p>