





LS: Low Salt

# April, 2022

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
order by 3:30pm 12pm				1 NE Clam Chowder Oyster Crackers Fish Sweet Potato Fries Spinach & Kale  Rye Bread  Brownie
4 Apple Juice Garlic Baked Pork with Spinach and Parmesan Cheesy Mushroom Rice Geneva Blend Veggies 100% Whole Wheat  Birthday Cake	5 Stuffed Shells Florentine Sauce Italian Blend Vegetable  Garlic Bread  Applesauce	6 Open Faced Turkey Sandwich with Gravy Stuffing Carrots Cranberry  Multigrain Bread  Tangerine	7 Sloppy Joe Mashed Potato Corn  Hamburger Bun  Pineapple Chunks	8 Tomato Florentine Soup Unsalted Crackers Macaroni and Cheese Brussel Sprouts  Whole Wheat Roll  Chocolate Chip Cookies
11 Orange Juice BBQ Pork Baked Beans Coleslaw  Hamburger Roll  Applesauce	12 Bruschetta Chicken Buttered Shells Brussel Sprouts  12 Grain Bread  Fresh Pear	13 Mushroom Barley Soup Unsalted Crackers Salisbury Steak Mashed Potatoes Peas and Carrots  Dinner Roll  Pudding	14 <b>Easter Special</b> Apple Juice LS Sliced Ham with Pineapple Cherry Sauce Loaded Potatoes Pea and Pearl Onions  Rudi Roll  Easter Poke Cake with Whipped Topping	15 <b>Closed Good Friday</b>  
18 Chicken Marsala Buttered Shells Sauteed Spinach and Garlic  Wheat Bread  Citrus Sections	19 Cranberry Juice Cheeseburger Tater Tots Mixed Vegetables  W.W. Hamburger Bun  Fresh Peach	20 Homemade Meatloaf LS Beef Gravy Baked Potato Capri Blend Veggies  Oatmeal Bread  Banana	21 Cranberry Juice Turkey Stew Green Beans  Dinner Roll  Chocolate Chip Cookies	22 Cream of Broccoli and Cheese Soup Unsalted Crackers Butter Crunch Fish Fried Rice Stir Fry Vegetables Multigrain Bread  Pineapple Chunks
25 Mild Coconut Curry Chicken Jasmine Rice Green Beans  Multigrain Bread  Fresh Orange	26 Grape Juice Sweet and Sour Meatballs Noodles Stir Fry Vegetables  Garlic Bread Angel Food Cake with Strawberries	27 Knockwurst with Apples and Sauerkraut Potato Pancake Broccoli  Hot Dog Bun Sliced Apples and Cinnamon with Whipped Topping	28 BBQ Chicken BBQ Sauce Brown Rice Black Beans and Corn  Corn Muffin  Banana	29 Split Pea Soup Unsalted Crackers Seafood Salad Lettuce and Tomato Pasta Primavera  Hot Dog Roll  Applesauce

order by 3:30pm 12pm  
 order by 4:00pm 12pm  
 order by 4:15pm 12pm  
 order by 4:20pm 12pm

See over →

## Grab 'N Go Meals at Calendar House

Please read for important information on Southington Calendar House Senior Center's Grab 'n Go Meals from CW Resources.

In-person dining is not being offered at this time. You must be 60 years or older to participate in the program. Suggested donation per meal is \$2.50. Meals come cold, ready for you to re-heat at home. If you previously participated in the congregate meals at Calendar House, we will have your information on file. New participants to the program must complete and sign an in-take questionnaire when registering. **Please note, menu is subject to change.**

Meals are reserved on a weekly basis. To reserve meals for the following week, please see Janet in the kitchen or call her at 860-621-6738 **between 10:00 am and 12:00 noon on Mondays or Wednesdays.** *You will not be able to reserve meals for the following week if you call after 12:00 noon on Wednesday (no exceptions per CW Resources).*

Meal pick-ups are at the Calendar House Main Hall between 11:00 and 11:30 a.m. according to the following schedule:

Monday: Pick-up and pay for Monday/Tuesday Meals

Wednesday: Pick-up and pay for Wednesday/Thursday Meals

Friday: Pick-up and pay for Friday Meal

You do not have to order all 5 meals for the week; you can order for individual days. Just remember, if you order a meal for Tuesday it must be picked up on Monday, and if you order a meal for Thursday it must be picked up on Wednesday. Please help us by bringing exact change for your donation and also bring a bag to carry your meals home.

If you have any questions on the Grab 'n Go lunch program, please contact the kitchen at 860-621-6738 Monday, Wednesday or Friday from 10 a.m. – 12 noon or the Calendar House main office at 860-621-3014. Thank you!