

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—May 2026 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	
Food Allergy Warning: Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.					1 Roast Turkey with Low Sodium Gravy, Stuffing, Cauliflower Supreme, Oatnut Bread, Mixed Fruit Cup, 1% or Skim Milk
4	5	6	7	8	
Pork Chopette with Sage Gravy, Mashed Potatoes, Green Beans, White Bread, Peaches, 1% or Skim Milk	Swedish Meatballs, Egg Noodles, Peas and Carrots, Oatmeal Bread, Applesauce, 1% or Skim Milk	Chicken in Cream Sauce, Vegetable, Roasted Potatoes, Dessert, Chilled Water	Pasta, Meat Sauce, Salad, Fruit, Chilled Water	Mother's Day Special Stuffed Chicken, Roasted Red Potatoes, Honey Glazed Carrots, Whole Wheat Roll, Angel Food Cake with Fresh Strawberries and Whipped Topping, 1% or Skim Milk	
11	12	13	14	15	
Orange Juice, Cheese Omelet with Red Pepper, French Toast Sticks, Turkey Sausage Link, Fresh Apple, 1% or Skim Milk	Macaroni and Cheese, Stewed Tomatoes, Oatnut Bread, Cookies, 1% or Skim Milk	Salmon, Yellow Rice, Vegetable, Dessert, Chilled Water	Chicken Osso Buco, Potatoes, Vegetable, Fruit, Chilled Water	Fish Filet, French Fries, Cole Slaw, Tartar Sauce, Wheat Bread, Tropical Fruit Cup, 1% or Skim Milk	
18	19	20	21	22	
Pineapple Chicken Stir Fry, Brown Rice, Asian Blend Vegetables, Hawaiian Roll, Fresh Mandarin, 1% or Skim Milk	Fish Filet, Lemon Orzo, Diced Butternut Squash, Tartar Sauce, Wheat Bread, Brownie, 1% or Skim Milk	Pulled Pork Sliders, Macaroni Salad, Fruit, Chilled Water	Steak, Vegetables, Scalloped Potatoes, Chilled Water	Tuna Fish with Onion and Celery over a Bed of Lettuce, Seasoned Potato Wedges, Tomato and Cucumber Salad, Oatmeal Bread, Cookie, 1% or Skim Milk	
25	26	27	28	29	
CENTER CLOSED 	BBQ Riblet, Au Gratin Potatoes, California Blend Vegetables, Corn Muffin, Pears, 1% or Skim Milk	Egg Salad Sandwiches, Salad, Dessert, Chilled Water	Shrimp over Pasta, Salad, Fruit, Chilled Water	Ground Beef Stroganoff with Egg Noodles, Broccoli and Carrots, Dinner Roll, Fresh Orange, 1% or Skim Milk	

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER

Nutrition Program Ordering Information

(See other side for menu)

Due to federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at the Southington Calendar House Senior Center.

RW Solutions now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on how to order from each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager on duty for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for the cancellation of private pay meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the following Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 30 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

Monthly menus are available in the Calendar House Café area, the Calendar House office or on-line by visiting www.calendarhouse.org.