

All Meal Types ▾

October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	--Holiday--	11	12	13	14	15
17	18	19	20	21	22	23
	11a GRAB-N-GO: Lazy Stuffed Cabbage, Mashed Potatoes, Meadow Blend Veggies, Italian Bread, Mandarin Oranges	11a GRAB-N-GO: Apple Juice, Herbed Chicken Breast, Cheesy Rice, Oriental Blend Vegetables, Whole Wheat Bread, Peach Cobbler with Topping	11a GRAB-N-GO: Cranberry Juice, Open Face Turkey Sandwich, Turkey Gravy, Buttered Noodles, Carrots, Cinnamon Apple Slices	11a GRAB-N-GO: Homemade Meatloaf, Onion Gravy, Sweet Potato, Peas, Roll, Cantaloupe	11a GRAB-N-GO: Codfish Cakes, Tater Tots, Green Beans, Oatmeal Bread, Tropical Fruit Cup, Tartar Sauce, Ketchup	
24	25	26	27	28	29	30
	11a GRAB-N-GO: Cranberry Juice, Goulash with Macaroni, Beef, and Green Peppers; Carrots, Italian Bread, Rice Pudding	11a GRAB-N-GO: Pineapple Juice, Fajita Chicken Strips with Peppers and Onions, Spanish Rice, Pintos and Black Eyed Peas, Tortilla, Pears	11a GRAB-N-GO: Orange Juice, Spaghetti, Turkey Meatballs, Italian Blend Vegetables, Wheat Bread, Fresh Apple	11a GRAB-N-GO: Beef Stroganoff, Buttered Noodles, Mixed Vegetables, Crusty Dinner Roll, Mandarin Oranges	11a GRAB-N-GO: Roast Turkey, Turkey Gravy, Mashed Potato, Brussel Sprouts, Cranberry Sauce, Dinner Roll, Halloween Dessert	
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