



# November Menu



1% or Skim milk provided  
Margarine available

**MENU ITEMS SUBJECT TO CHANGE**

**SUGGESTED DONATION \$2.50**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Pineapple Juice Chicken Patty with Country Gravy Whipped Mashed Potato String Beans with Mushrooms</p> <p>100% Whole Wheat</p> <p>Rice Pudding</p>	<p>2</p> <p>Eggplant Rolette Buttered Ziti Italian Blend Veggies</p> <p>Oatmeal Bread</p> <p>Tropical Fruit Cup</p>	<p>3</p> <p>Unbreaded Fish Filet with Lemon Butter Sauce Harvest Rice Stewed Tomatoes</p> <p>Multi Grain Bread</p> <p>Mandarin Oranges</p>	<p>4</p> <p>Stuffed Pepper Soup Unsalted Crackers Sliced Turkey Swiss Cheese Lettuce and Tomato Tater Tots</p> <p>Grinder Roll</p> <p>Banana</p>	<p>5</p> <p>Grape Juice Sloppy Joe Mashed Potato Corn Niblets</p> <p>Hamburger Roll</p> <p>Brownie with Topping</p>
<p>8</p> <p>Cranberry Juice Lasagna Rollette Primavera Sauce Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Vanilla Pudding</p>	<p>9</p> <p>Swedish Meatballs with Sour Cream Gravy Buttered Noodles Mixed Vegetables</p> <p>Assorted Rolls</p> <p>Fruit Cup</p>	<p>10</p> <p><b>Special Dessert</b> Grape Juice Fresh Pork Loin Sweet Potato Chunks Tuscany Veggies</p> <p>Rye Bread Warm Apple Crisp with Ice Cream</p>	<p>11</p> 	<p>12</p> <p>Corn Chowder Unsalted Crackers Pier 17 Fish Tartar Sauce Mashed Sweet Potato Spinach Dinner Roll</p> <p>Citrus Sections</p>
<p>15</p> <p>Grape Juice Salisbury Steak LS Beef Gravy Buttered Noodles Peas</p> <p>Potato Bread</p> <p>Chocolate Chip Cookies</p>	<p>16</p> <p>Pineapple Orange Juice Orange Chicken Buttered Rice Scandinavian Veggies</p> <p>Dinner Roll</p> <p>Pecan Sandies</p>	<p>17</p> <p>Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato Butter Ginger Carrots Cranberry Sauce Dinner Roll</p> <p>Pumpkin Delight</p>	<p>18</p> <p>Ravioli Meat Sauce Green Beans</p> <p>Italian Bread</p> <p>Tropical Fruit Cup</p>	<p>19</p> <p>Cranberry Juice Open Faced Turkey Sandwich with Gravy Garlic Mashed Potato Carrots and Green Beans</p> <p>Multigrain Bread Baked Pears with Topping</p>
<p>22</p> <p>Meatball Sub with Mozzarella French Fries Mixed Veggies</p> <p>Sub Roll</p> <p>Fresh Orange</p>	<p>23</p> <p>Chicken Cacciatore Yellow Rice Garden Salad Italian Dressing</p> <p>Garlic Bread</p> <p>Rice Pudding</p>	<p>24</p> <p>Cranberry Juice Hamburger Baked Beans Broccoli</p> <p>W.W. Hamburger Bun</p> <p>Wafer Cookies</p>	<p>25</p> 	<p>26</p> <p><i>Happy</i></p>
<p>29</p> <p>Chicken Fajitas with Peppers and Onions Rice Black Beans with Diced Tomatoes</p> <p>Tortilla</p> <p>Pears</p>	<p>30</p> <p>Grape Juice Breaded Pork Chop Seasoned Whole Potato Spinach</p> <p>Wheat Bread</p> <p>Banana Pudding</p>	 		