



CW Solutions Community Café
Calendar House ~ Southington

Call: 800-621-0738

Mon. - Wed. - Fri.
10 AM - 12 NOON

May, 2022

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

order by 4/27/22 12 pm
order by 5/1/22 12 pm
order by 5/11/22 12 pm
order by 5/18/22 12 pm
order by 5/25/22 12 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Orange Juice Ziti with Meatballs in Marinara Sauce Italian Blend Veggies Parmesan Cheese</p> <p>Breadstick</p> <p>Pudding</p>	<p>3</p> <p>BBQ Ranch Chicken Confetti Rice Cauliflower</p> <p>Italian Bread</p> <p>Cinnamon Applesauce</p>	<p>4</p> <p>Cream of Mushroom Unsalted Crackers Fish Fillet Potato Wedges Cole Slaw Tartar Sauce WW Hamburger Roll</p> <p>Tropical Fruit Cup</p>	<p>5</p> <p>Cinco de Mayo Apple Juice Chicken Fajita with Onions and Peppers Mexican Rice Soupy Beans</p>  <p>Tortilla</p> <p>Brownie</p>	<p>6</p> <p>Mother's Day Special Italian Wedding Soup Unsalted Crackers Broccoli and Cheese Quiche Potato Pancakes Vegetable Medley Dinner Roll Angel Food Cake with Strawberries and Cream</p> 
<p>9</p> <p>Veal Parmesan Linguini and Sauce Winter Blend Veggies</p> <p>Oatmeal Bread</p> <p>Fresh Apple</p>	<p>10</p> <p>Vegetable Soup Unsalted Crackers Pork Riblette Sweet Potatoes Green Beans</p> <p>Rye Bread</p> <p>Cantaloupe Wedge</p>	<p>11</p> <p>Pineapple Juice Meatloaf with Onion Gravy Mashed Potato Beets with Dill and Garlic</p> <p>100% Whole Wheat</p> <p>Chocolate Chip Cookies</p>	<p>12</p> <p>Cranberry Juice Turkey Tetrazzini Brown Rice Brussel Sprouts</p> <p>Dinner Roll</p> <p>Pecan Spinwheel</p>	<p>13</p> <p>Grilled Chicken with Garlic Parmesan Sauce Penne Florentine Broccoli</p> <p>Italian Bread</p> <p>Peaches</p>
<p>In-person Begins! 16</p> <p>Vegetable Lasagna with Cream Sauce Zucchini</p>  <p>12 Grain Bread</p> <p>Fresh Orange</p>	<p>17</p> <p>Spaghetti with Meat Sauce Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Citrus Sections</p>	<p>18</p> <p>Pork Loin with Pan Gravy Brown Rice Peas and Onions</p> <p>Rye Bread</p> <p>Tropical Fruit Cup</p>	<p>19</p> <p>Cranberry Juice Philly Cheesesteak Onions and Peppers Tater Tots Cole Slaw</p> <p>Sub Roll</p> <p>Applesauce</p>	<p>20</p> <p>Pier 17 Fish Fillet Brown Rice Capri Blend Veggies Tartar Sauce</p> <p>Rye Bread</p> <p>Pineapple Chunks</p>
<p>23</p> <p>Turkey Kielbasa Pierogis Red Cabbage</p> <p>Rye Bread</p> <p>Applesauce</p>	<p>24</p> <p>Orange Juice Bruschetta Chicken Penne Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Short Bread Cookies</p>	<p>25</p> <p>Baked Potato Bar Chili Baked Potato Cheese Broccoli Sour Cream</p>  <p>Corn Muffin</p> <p>Fruited Yogurt</p>	<p>26</p> <p>Cranberry Juice Crab Cakes Rice Pilaf Brussel Sprouts</p> <p>WW Dinner Roll</p> <p>Ice Cream Sandwich</p>	<p>27</p> <p>Memorial Day Lunch Pineapple Orange Juice Hamburger Lettuce and Tomato Potato Egg Salad Corn on the Cob Mustard, Ketchup</p>  <p>Hamburger Roll Watermelon</p>
<p>30</p> <p>Closed</p> 	<p>31</p> <p>Orange Juice Sliced Turkey Rice Summer Squash</p> <p>Oatmeal Bread</p> <p>Birthday Cake</p>			

See Over →

CW Solutions Community Café

Town of Southington Calendar House Senior Center

Please read for important information on the Town of Southington Calendar House Senior Center's Nutrition Program/CW Solutions Community Café.

In-person dining will resume on Monday, May 16th! Grab 'n Go meals will still be available for those that prefer that option. You must be 60 years or older to participate in the program. Suggested donation **per meal** is \$2.50. **Please note, menu is subject to change.**

Both In-Person and Grab 'n Go meals are reserved on a weekly basis. You do not have to order all five meals for the week; you can order for individual days. To reserve your meals for the following week, please see Janet in the Café or call her at 860-621-6738 **between 10:00 am and 12:00 noon**. *You will not be able to reserve meals for the following week if you call after 12:00 noon on Wednesday (no exceptions per CW).* If you need to cancel a reservation, please call the Café line at 860-621-6738. Both Grab 'n Go, and In-person meals are "pay as you go." Please have correct change and a bag to carry your Grab 'n Go meals.

Grab 'n Go meal pick-ups are at the Calendar House Café between 11:00 and 11:30 a.m. **Please arrive by 11:30**, as the kitchen staff will be busy preparing for In-person meals after that time. The pick-up schedule for Grab 'n Go is:

Monday: Pick-up and pay for Monday/Tuesday Meals

Wednesday: Pick-up and pay for Wednesday/Thursday Meals

Friday: Pick-up and pay for Friday Meal

In-Person meals are served at 12 noon, Monday – Friday (beginning May 16th). Late arrivals cannot be accommodated, as the Café closes at 12:30. Please plan accordingly! Questions? Please call Janet at 860-621-6738 between 10 a.m. and 12 noon.

Thank You!