



# August Menu 2019

1% or Skim milk provided  
Margarine available

**MENU ITEMS SUBJECT TO CHANGE**

**SUGGESTED DONATION \$2.50**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Grape Juice Crab Cakes Cream Sauce French Fries Broccoli <b>Happy Birthday</b> Oatmeal Bread  Birthday Cake	2 Minestrone Soup Unsalted Crackers Chef Salad with LS Ham, LS Turkey, Cheese, Egg, Tomato, Cucumbers and Olives Ranch Dressing Par Bake Roll  Fresh Orange
5 Chicken Salad with Celery Pasta Salad with Broccoli, Red Peppers, White Beans, Black Olives and Carrots  Assorted Rolls  Pineapple Chunks	6 Grape Juice Eggplant Rolatini Marinara Sauce Ziti Green Beans  12 Grain Bread  Brownie	7 Asian Chicken Salad with Chicken Strips, Mandarin Oranges, Sesame Seeds and Cucumbers  Breadstick  Grapes	8 Salisbury Steak LS Gravy Mashed Potato Carrots  Rye Bread  Fruit Cocktail	9 Pea Soup Unsalted Crackers Crabmeat Salad Sandwich Cucumber Onion Dill Salad  Hot Dog Roll  Fresh Orange
12 Grape Juice Pier 17 Fish Mashed Potato Scandinavian Veggies Tartar Sauce  12 Grain Bread Chocolate Chip Cookies	13 Stuffed Shells Meat Sauce Garden Salad Ranch Dressing  Garlic Bread Pineapple Chunks	14 N.E.Clam Chowder Unsalted Crackers Egg Salad, Cottage Cheese, 4 Bean Salad Lettuce Bed  Corn Muffin Peaches	15 Grape Juice Grilled Orange Chicken Orange Sauce Sesame Noodles Winter Blend Veggies  100% Whole Wheat Bread Tropical Fruit Cup	16 Orange Juice Slow Cooked Pork with Pan Gravy Roasted Herb Potatoes Squash Medley  Dinner Roll Watermelon
19 Eye of the Round Horseradish Sauce Mashed Potato Beets  12 Grain Bread Pineapple Chunks	20 Apple Juice Pork Riblet BBQ Sauce Corn with Black Beans Cole Slaw  Corn Muffin Ice Cream Cup	21 Baked Fish Tartar Sauce Buttered Rice with Peas and Mushrooms Stewed Tomatoes  Rye Bread Banana	22 Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Carrot Slaw  Hoagie Peaches	23 Macaroni, Tuna and Pea Salad Broccoli and Red Pepper Salad  100% W.W. Dinner Roll Fresh Fruit Salad
26 Potato Leek Soup Unsalted Crackers LS Italian Sausage (mild) Onions and Peppers Pasta Spinach Salad  Hoagie Roll Fruit Cocktail	27 Cranberry Juice Meatloaf with Onion Gravy Mashed Potato Peas and Carrots  Multi Grain Bread Fresh Pear	28 Spaghetti with Sauce Turkey Meatballs Parmesan Cheese Broccoli  Italian Bread Peaches	29 Apple Juice Hot Dogs Baked Beans Sauerkraut Mustard  Hot Dog Rolls Watermelon	30 Orange Juice Cod Fish with Butter Crumb Topping Broccoli Cheese Rice Green and Yellow Beans  Rye Bread Lemon Merengue Pie