

CW Solutions Senior Community Café at Calendar House Southington

(860) 621-6738

Order on Monday,
Tuesday or Wed. by 12
noon for following week

January, 2023

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$2.50

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| <p>NEW YEAR'S HOLIDAY CLOSED</p> <p>2</p> | <p>Apple Juice Chicken Fajita with Peppers and Onions Yellow Rice Fiesta Corn with Black Beans Whole Wheat Tortilla Lemon Pudding</p> <p>3</p> | <p>Mushroom Barley Soup Unsalted Crackers Butter Crumb Fish with Dill Sauce Buttered, Parslied Noodles Brussel Sprouts Whole Wheat Roll Banana</p> <p>4</p> | <p>Pot Roast with LS Beef Gravy Oven Roasted Potatoes Spinach 12 Grain Bread Birthday Cake</p> <p>5</p> <p>Happy Birthday</p> | <p>BBQ Pork Chop Sweet Potato Grean Beans Oatmeal Bread Ice Cream Cup</p> <p>6</p> |
| <p>Sweet and Sour Meatballs Sesame Noodles Oriental Blend Vegetables 100% Whole Wheat Citrus Sections</p> <p>9</p> | <p>Split Pea Soup Unsalted Crackers Crabcake Steak Fries Tomato and Zucchini Tartar Sauce Hamburger Bun Fresh Orange</p> <p>10</p> | <p>Orange Juice Spaghetti with Plant Based Meat Sauce Parmesan Cheese Romaine Salad Ranch Dressing Garlic Bread Banana</p> <p>11</p> | <p>Pineapple Juice Roast Pork with Apples and Sauerkraut Seasoned Oven Potatoes Carrots Rye Bread Peanut Butter Cookies</p> <p>12</p> | <p>MLK Day Special Grape Juice Chicken Jambalaya Wild Rice Spinach with Sauteed Onions Corn Muffin Banana Cream Pie</p> <p>13</p> |
| <p> CLOSED</p> <p>16</p> | <p>Black Bean Soup Unsalted Crackers Pier 17 Fish Waffle Fries Cole Slaw Tartar Sauce Multigrain Bread Pineapple Chunks</p> <p>17</p> | <p>Lazy Man's Stuffed Peppers with Brown Rice Broccoli Wheat Bread Brownie</p> <p>18</p> | <p>Meatloaf with Onion Gravy Buttered Noodles Brussel Sprouts Rye Bread Tropical Fruit Cup</p> <p>19</p> | <p>Orange Juice Turkey Pot Pie Garden Salad French Dressing Biscuit Oatmeal Raisin Cookies</p> <p>20</p> |
| <p>Orange Juice Aloha Chicken with Pineapple Sauce Fried Rice Broccoli Oatmeal Bread Tapioca Pudding</p> <p>23</p> | <p>Beef and Bean Chili Mac Meadow Blend Veggies Corn Bread Fresh Orange</p> <p>24</p> | <p>Cream of Broccoli Soup Unsalted Crackers Veggie Bean Burger Sweet Potatoes Creamy Spinach 100% Whole Wheat Bun Applesauce</p> <p>25</p> | <p>Open Faced Turkey Sandwich with LS Turkey Gravy Mashed Potato Carrots Potato Bread Tropical Fruit Cup</p> <p>26</p> | <p>Winter Picnic BBQ Chicken Potato Salad Braised Red Cabbage Dinner Roll Ambrosia</p> <p>27</p> |
| <p>LS Turkey Kielbasa with Sauerkraut Pierogis Carrots Rye Bread Tangerine</p> <p>30</p> | <p>Creamy Chicken Strips with Red Peppers Egg Noodles Mixed Vegetables Oatmeal Bread Tropical Fruit Cup</p> <p>31</p> | <p>Red = Day to order for following week</p> <p>A HAPPY NEW YEAR</p> <p></p> | | |