



CW Resources Senior Community Café
Calendar House ~ Southington

JANUARY, 2022

1% or Skim milk provided
Margarine available
Call 800-621-6738
10 Am - 12 Noon
Mon., Wed. & Fri.

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

order by 12:29 @ 12 pm
order by 1:15 @ 12 pm
order by 1:12 @ 12 pm
order by 1:19 @ 12 pm
order by 1:20 @ 12 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Shepherds Pie Mixed Vegetables Dinner Roll Peach Cup	4 Apple Juice Chicken Fajita with Peppers and Onions Rice with Black Beans Fiesta Corn Happy Birthday Tortilla Birthday Cake	5 Mushroom Barley Soup Unsalted Crackers Butter Crumb Fish with Dill Sauce Buttered, Parslied Noodles Broccoli Rye Bread Banana	6 Roast Beef Beef Gravy Oven Roasted Potatoes Spinach 12 Grain Bread Lemon Pudding	7 Cream of Broccoli Soup Unsalted Crackers BBQ Pork Chop Sweet Potato Brussel Sprouts Oatmeal Bread Ice Cream Cup
10 Sweet and Sour Meatballs Sesame Noodles Oriental Blend Vegetables 100% Whole Wheat Citrus Sections	11 Split Pea Soup Unsalted Crackers Crabcake Steak Fries Tomato and Zucchini Tartar Sauce Hamburger Bun Fresh Orange	12 Orange Juice Spaghetti with Meat Sauce Parmesan Cheese Romaine Salad Ranch Dressing Garlic Bread Pears	13 Pineapple Juice Roast Pork with Apples and Sauerkraut Harvest Rice Beets Rye Bread Peanut Butter Cookies	14 Cranberry Juice Chicken Cacciatore Brown Rice Italian Blend Vegetables Italian Bread Pudding
17  CLOSED	18 Black Bean Soup Unsalted Crackers Pier 17 Fish Waffle Fries Cole Slaw Tartar Sauce Multigrain Bread Brownie	19 Lazy Man's Stuffed Peppers Brown Rice Broccoli Wheat Bread Pineapple Chunks	20 Meatloaf Onion Gravy Buttered Noodles Brussel Sprouts Rye Bread Tropical Fruit Cup	21 Orange Juice Turkey Pot Pie Diced Potatoes Garden Salad French Dressing Biscuit Oatmeal Raisin Cookies
24 Cranberry Juice Aloha Chicken with Pineapple Sauce Fried Rice Broccoli Oatmeal Bread Tapioca Pudding	25 Beef and Bean Chili Mac Meadow Blend Veggies Corn Bread Fresh Orange	26 Apple Juice Roast Pork LS Pork Gravy Sweet Potatoes Creamy Spinach 100% Whole Wheat Chocolate Chip Cookies	27 Grape Juice Open Faced Turkey Sandwich with LS Turkey Gravy Mashed Potato Carrots Potato Bread Fruit Cup	28 Cheeseburger Sweet Potato Tots Lettuce and Tomato Braised Red Cabbage Hamburger Roll Fruited Jell-O
31 LS Turkey Kielbasa Sauerkraut Pierogis Spinach Rye Bread Tangerine	  <p>See over for important info →</p>			

Grab 'N Go Meals at Calendar House

Please read for important information on Southington Calendar House Senior Center's Grab 'n Go Meals from CW Resources.

In-person dining is not being offered at this time. You must be 60 years or older to participate in the program. Suggested donation per meal is \$2.50. Meals come cold, ready for you to re-heat at home. If you previously participated in the congregate meals at Calendar House, we will have your information on file. New participants to the program must complete and sign an in-take questionnaire when registering. Please note, menu is subject to change.

Meals are reserved on a weekly basis. To reserve meals for the following week, please see Janet in the kitchen or call her at 860-621-6738 **between 10:00 am and 12:00 noon on Mondays or Wednesdays**. *You will not be able to reserve meals for the following week if you call after 12:00 noon on Wednesday (no exceptions per CW Resources).*

Meal pick-ups are at the Calendar House Main Hall between 11:00 and 11:30 a.m. according to the following schedule:

Monday: Pick-up and pay for Monday/Tuesday Meals

Wednesday: Pick-up and pay for Wednesday/Thursday Meals

Friday: Pick-up and pay for Friday Meal

You do not have to order all 5 meals for the week; you can order for individual days. Just remember, if you order a meal for Tuesday it must be picked up on Monday, and if you order a meal for Thursday it must be picked up on Wednesday. Please help us by bringing exact change for your donation and also bring a bag to carry your meals home.

If you have any questions on the Grab 'n Go lunch program, please contact the Calendar House main office at 860-621-3014. Thank you!