



RW Solutions Senior Café at Calendar House in Southington

Call Café Phone (860) 621-6738 to reserve or cancel

February, 2024

1% milk provided  
Margarine available

**MENU ITEMS SUBJECT TO CHANGE**

**SUGGESTED DONATION \$3.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>Roast Turkey with LS Gravy Mashed Potato Green Beans</p> <p>Whole Wheat Bread</p> <p>Cookies</p>	<p><b>Groundhog Day</b></p> <p>Tomato Rice Soup Unsalted Crackers Jumbo Ravioli with Florentine Sauce Brussel Sprouts</p> <p>Multigrain Bread Fruited Jell-O with Topping</p>
<p>Grilled Chicken Breast with Orange Cranberry Sauce Yams with Cinnamon Spinach</p> <p>Wheat Roll</p> <p>Pineapple</p>	<p>Sloppy Joe Tater Tots California Blend Veggies</p> <p>Hamburger Roll</p> <p>Raisins</p>	<p>Lentil Soup Unsalted Crackers Chicken Marsala Herbed Ziti Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Oatmeal Cream Cookie</p>	<p>Beef Stew with Cubed Beef, Peas, and Carrots Scalloped Potatoes</p> <p>Rye Bread</p> <p>Pudding with Topping</p>	<p>Butternut Macaroni and Cheese Broccoli</p> <p>Oatnut Bread</p> <p>Tropical Fruit</p>
<p>Grilled Chicken Breast with BBQ Sauce Au Gratin Potatoes Carrots</p> <p>Whole Wheat Bread</p> <p>Orange</p>	<p>Country Style Chicken Steak Black Eyed Peas Collard Greens and Spinach</p> <p>Cornbread Spiced Peaches with Topping</p>	<p><b>Ash Wednesday</b></p> <p>Orange Juice Broccoli Cheese Quiche Tator Tots Peas and Pearl Onions</p> <p></p> <p>Croissant</p> <p>Strawberry Cake</p>	<p>Ham with Raisin Sauce Sweet Potatoes Brussel Sprouts</p> <p>White Bread</p> <p>Yogurt</p>	<p><b>Special Dessert</b></p> <p>Crab Cake Roasted Red Potatoes Meadow Blend Veggies Tartar Sauce</p> <p></p> <p>Cornbread Apple Pie with Whipped Topping</p>
<p><b>CLOSED SENIOR CENTER</b></p> <p></p>	<p>Salisbury Steak with Gravy Scalloped Potatoes Peas and Pearl Onions</p> <p>Wheat Roll</p> <p>Tropical Fruit</p>	<p>Diced Chicken with Fricassee Sauce Sweet Potatoes Green Beans</p> <p>Whole Wheat Bread</p> <p>Clementine</p>	<p>Homemade Meatloaf LS Brown Gravy Garlic Mashed Potatoes Carrots</p> <p></p> <p>White Bread Birthday Cake</p>	<p>Salmon with LS Latino Sauce White Rice Spinach</p> <p>Multigrain Bread</p> <p>Mango Mix</p>
<p>Hearty Vegetable Bean Soup Unsalted Crackers Lasagna Roll with Meat Sauce Winter Mix Veggies Garlic Bread</p> <p>Raisins</p>	<p>Swedish Meatballs Egg Noodles Scandinavian Blend Veggies</p> <p>Wheat Roll</p> <p>Pineapple</p>	<p>Chicken and Dumplings Green Beans</p> <p>Biscuit</p> <p>Mandarin Oranges</p>	<p>Roast Pork with LS Pork Gravy Au Gratin Potatoes Brussel Sprouts</p> <p>12 Grain Bread</p> <p>Brownie</p>	<p></p> <p><b>Happy Valentine's Day</b></p>

**FOOD ALLERGY WARNING:** Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!