

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—DECEMBER 2025 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.
				
1 Lasagna Rolette, Marinara Sauce, Winter Blend Veggies, Garlic Bread, Cookies, 1% or Skim Milk	2 Pork Chopette, Sweet Potato, Spinach, Rye Bread, Pineapple Mango Mix, 1% or Skim Milk	3 Frittata, Cinnamon Buns, Homefries, Fruit, Chilled Water	4 Fish Sticks, Yellow Rice, Red Beans, Chilled Water	5 Pot Roast, Low Salt Gravy, Baked Potato, Peas/Pearl Onions, Dinner Roll, Fruited Yogurt, 1% or Skim Milk
8 Fish Filet, Herb Couscous, Zucchini/Tomato, Rye Bread, Tropical Fruit, 1% or Skim Milk	9 Swedish Meatballs, Buttered Egg Noodles, Meadow Blend Veggies, White Dinner Roll, Clementine, 1% or Skim Milk	10 Clam Chowder, Bread, Salad, Fruit, Chilled Water	11 Chicken Pot Pie, Dessert, Chilled Water	12 Vegetable Soup, Unsalted Crackers, Garlic Butter, Pork Loin, Mac & Cheese, Brussel Sprouts, Corn Bread, Cookies, 1% or Skim Milk
15 Ravioli Florentine w/ Cream Sauce, Italian Peas, Italian Bread, Mandarin Orange, 1% or Skim Milk	16 Orange Chicken, Brown Rice, Oriental Blend Veggies, Fortune Cookie, Multigrain Bread, Pineapple, 1% or	17 Meatball Subs with Mozzarella, Salad, Fruit, Chilled Water	18 Hot Dogs with Hot Dog Buns, Beans, Dessert, Chilled Water	19 Shepherd's Pie, Peas & Carrots, Wheat Bread, Pudding, 1% or Skim Milk
22 Chicken Marsala, Noodles, Brussel Sprouts, Wheat Bread, Cookies, 1% or Skim Milk	23 Fish Taco, Black Bean & Mango Salad, Cilantro Lime Coleslaw, Flour Tortilla, Peaches, 1% or Skim Milk	24 Ham, Sweet Potatoes, Veg., Dessert, Chilled Water	25 	26 Grilled Chicken Breast w/ Low Salt Gravy, Brown Rice, Capri Blend Veggies, White Bread, Fruit Cup, 1% or Skim Milk
29 Stuffed Shells, Marina Sauce, Spinach, Garlic Bread, Fresh Clementine, 1% or Skim Milk	30 Hamburger w/ Swiss Cheese, Potato Wedges, Baked Beans, Hamburger Bun, Tropical Fruit, 1% or Skim Milk	31 NO LUNCH CENTER CLOSSES AT NOON	Food Allergy Warning: Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.	

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER

Nutrition Program Ordering Information

Due to federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at the Southington Calendar House Senior Center.

RW Solutions now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on how to order from each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager on duty for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for the cancellation of private pay meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the following Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 30 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

Monthly menus are available in the Calendar House Café area, the Calendar House office or on-line by visiting www.calendarhouse.org.