



## Virtual workshops for your community!

- ✓ **Choose a workshop or create a series**
- ✓ **Customize for your community needs**

“You have a great team and SO fun to work with... content was informative and entertaining” Kim McNally, Durham Library

### What I Need to Know About My Electric Choices

Designed to offer groups of any age a chance to learn about their individual choices when it comes to electric suppliers in CT. Bring your electric bills to the session to review and understand its components. Learn to make informed decisions based on you and where to go for reliable CT electric supplier information and data.

### Caregiver Road Show for CT Families

This conversation is designed specifically for unpaid family caregivers who are the backbone of our health care system. Learn tools and options to support you in navigating the care for loved ones and yourself. Gain an understanding of available services, resources and care options while learning specific tools for staying informed on issues impacting family caregivers and their care recipients.

### AARP Road to Livability

This interactive presentation offers you to examine “What You Have” vs. “What You Need” when it comes to your HOME, CAR and COMMUNITY. Geared toward the whole family, participants will gain an understanding of the tools and resources available to live in independently and safely, no matter what your stage of life.

### AARP Fraud Watch Network: The Con Artist Playbook

Take a look at the psychology behind ID Theft, Fraud & Scams through actual footage of scammers, insights and advice. Walk away armed with tools to spot the criminals and guard against being victimized. This session is for all ages. It can be incorporated into a conference, broader program, classroom setting or stand-alone.

### Work @ Age 50+: Strategies for a Successful Job Search

Learn about the essentials any 50+ job seeker must consider. Session participants will learn free resources available from AARP and other sources with a specific focus on digital and social media platforms, personal branding, networking and age-proofing your resume.

### **Our AARP CT team can offer support in setting up:**

- ✓ **Virtual platform (Zoom, etc.)**
- ✓ **Outreach**
- ✓ **Registration**

“Your team was incredible, what a well-oiled machine!” – Amanda De Maio, Darien Library

**Contact Erica Michalowski [emichalowski@aarp.org](mailto:emichalowski@aarp.org) for next steps.**

**Learn about events already taking place each week at [www.aarp.org/ctevents!](http://www.aarp.org/ctevents!)**



AARPCT



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