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FROM THE STAFF...

Happy August! Summer is still in full swing but the Calendar House is already planning Fall activities and programs. Before we get into that season, let's enjoy summer as long as we can!

We are very excited to have a celebration for National Root Beer Float Day on Wednesday, August 6th. The Bradley Home will sponsor this free event for our members. Wear your favorite Hawaiian shirt to add to the festivities!

If you haven't registered for the Health and Wellness Clinic for your dog or cat, you must register by August 4th. This is not a drop in program. You must have an appointment to participate.

We will be hosting a Pickleball Fitness series this month. Our instructor is Lou Friedman. The series is 3 classes, so please make sure that you can attend all 3 classes before you register.

Local pastor and author Jane Willan will have an author talk here on

Wednesday, August 20th. Jane is the Pastor of the Plantsville Congregational Church. We are looking forward to her presentation!

The above pictures are from the June Veterans Coffee Hour. We had 6 very deserving Veterans receive a quilt from our Quilts of Valor group. The women that create these quilts have varying levels of sewing skills. They are always looking for people to help. If you are interested in joining them, please contact Liz Chubet at 860-621-3014 ext 6701.

- The Calendar House Staff

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing Sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!!

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Calendar House - Southington, CT

06-5315

WELCOME TO CALENDAR HOUSE!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.

AARP Smart Driver

Friday, September 12th from 9am- 1pm

Learn ways to adjust for aging and health related driving issues. CT specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class sizes are limited. Call 860-621-3014 to register. An on-line course is also available. To register for online course visit: <https://www.aarpdriversafety.org/>

In Memoriam

Donations in memory or in honor of a friend or relative may be made to the **Calendar House Memorial Fund** and are gratefully accepted.

Betty Lou Rogers



MEMBERSHIP MEETING

Featuring
Calendar House
Jukebox 45 Trio



September 25, 2025 at 1:00pm

Attend a brief business meeting followed by musical entertainment.

Jukebox45 Band presents DooWop performances that resonate with audiences of all ages and include music by artists like The Duprees, Fred Parris and the 5 Satins, The Ray's, and Larry Chance and the Earls. Performances celebrate the essence of Rock 'n Roll, providing an unforgettable experience for all.

Our community partner, Raymond Senior Planning will provide delicious cake for you to enjoy as well!

Register at the front desk by calling 860-621-3014 or online by Tuesday, September 23rd.

Original Painting by Diane McDonald Raffle

Local artist and Calendar House member, Diane McDonald has generously donated some of her paintings to our membership. Below is a picture of the one that we will be raffling off at the end of August. It is at the front desk if you would like to see it in person.



You can purchase tickets at the front desk for \$1. The drawing will held on August 29th.

STATE OF CT

RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments made in the calendar year prior to the year the renter applies (2024 info).

Applicants must have resided in CT for one year or more.

- You must have reached age 65 by December 31, 2024. (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age, but must show proof of Social Security Disability.
- Income Guidelines: \$45,200 Single Individual; \$55,100 Married Couple.
- You must provide copies of documentation of all 2024 income; including your 2024 Income Tax Return (if filed), as well as a copy of your 2024 SSA-1099; utility payments; rent receipts or monthly rent statements (please do not send originals).
- **NEW APPLICANTS:** If you have not previously applied, please provide your SS#, phone number, and a copy of your drivers license OR proof of residency and date of birth.

We are currently accepting applications. The last day to apply is Tuesday, September 30th. To apply, please bring copies of your required 2024 income, utility and rent documentation to Calendar House, 388 Pleasant Street, Southington, CT. 06489, or simply drop your paperwork in a sealed envelope in the secure drop box located at the entrance of the Calendar House building Attn: Rent Rebate. Please make sure to include your phone number so that we can reach you if we have any questions. For more information please call 860-621-3014.



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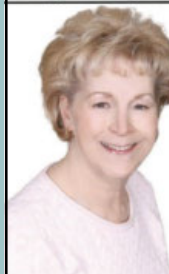
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Diane Epps, REALTOR

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Calendar House - Southington, CT

06-5315

ALL DAY, EVERY DAY @ CALENDAR HOUSE

Pool Players/Ping Pong
Cardio Room
Active Walkers (Walking Track)
Library/Puzzle Makers
Coffee 'n Conversation in the Lounge
Lunch is available Monday-Friday
with advanced registration.
See page 10 for details.

COMPUTER LEARNING CENTER @ CALENDAR HOUSE

Visit: www.calendarhouse.org
and click on the "Tech Classes" tab
for class information.
Computer Lab Hours:
Mondays: 10 a.m.—noon
Wednesdays: 1—3 p.m.

ENRICHMENT CLASSES

MONDAY: Quilting Informal Work
Session 9—12pm
WEDNESDAY: Independent
Watercolor @ 1:30
**All other enrichment classes will resume
in the fall. Class registration information
will be published in the September
Active Lifestyles issue.**

MONDAY

Gentle Seated Yoga: 9:15 (\$8 drop-in fee)
Line Dance: 9:30
Computer Lab : 10-12
Sit 'n Be Fit: 11:15
Mahjong: 12:30—*Need lessons? Call Lee Daley at 239-821-7760!*
Pickleball: 1-3
Cardio Drum: 2-2:30

TUESDAY

Group Exercise: 9 & 10
Open Art Studio: 10-12 (\$10 drop-in fee)
Cribbage: 10-12
Sit 'n Be Fit: 11:15
Pickleball: 1-3 (CXL 8/6)
Cardio Drum: 2-2:30

WEDNESDAY

Gentle Seated Yoga: 9:15 (\$8 drop-in fee)
Line Dance: 9:30
NEW Pinochle: 9:30-11:30
Granny Squares: 10-12
Sit 'n Be Fit: 11:15
Set Back: 12:30-3
Computer Lab: 1-3
Pickleball: 1-3
Independent Watercolor: 1:30-3:30
Cardio Drum: 2-2:30

THURSDAY

T.O.P.S.: 8:30
Group Exercise: 9 & 10
Tap Dancing: 10-11
Stained Glass Group: 10:30
Sit 'n Be Fit: 11:15
Hand & Foot Card Game: 12:30 (8/14 +8/28)
Party Bridge: 1-3:15
Pickleball: 1-3
Scrabble: 1-3
Breathwork and Meditation: 1:00
Cardio Drum: 2-2:30

FRIDAY

Gentle Yoga: 9:30 (\$8 drop-in fee)
Sit 'n Be Fit: 11:15
Bingo: 1:00
8/29 is Birthday Bingo! Receive a free card to play AND a cupcake if your birthday is in August. Register at the bingo table prior to 8/29.
Cardio Drum: 2-2:30



HEALTH AND WELLNESS

CHAIR MASSAGE

Enjoy a 10 min chair massage with licensed massage therapist Steve Casillas in the Health Suite (Tuesdays only). To make an appointment please contact him directly at 860-329-1609 He will put you on his schedule. His fee of \$15 can be paid directly to him during the appointment.

FREE BLOOD PRESSURE CLINIC

The Orchards of Southington holds a free blood pressure screening clinic at Calendar House on the last Wednesday of each month from 10:00-11:00 a.m. The next clinic will be held on Wednesday, August 27th. **Drop in!**

T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? **Drop in!** (Nominal fee applies).

PRE-DIABETES/DIABETES SUPPORT GROUP

Whether you are curious, newly diagnosed or have been managing for years, this group offers education, support, and practical tips. Topics include prediabetes, diabetes basics, nutrition, medications, exercise, monitoring and coping strategies. Betsy will answer your questions and offer discussion on: "I feel fine, why and how should I pay attention?" By: Betsy Gaudian MSN, RN-BC, RDN, CDCES. This free group will meet on the last Monday of each month from 9:00-10:00 a.m. at the Calendar House. Sign up at the front desk, call 860-621-3014, or register online by visiting schedulesplus.com/chs


REIKI HEALING

Reiki Healing sessions with Jennifer Michnowicz will be held at Calendar House Health Suite. Please contact Jennifer directly at 860-919-7365 to schedule and cancel appointments. Each 45 minute session is \$30, payable directly to Jennifer at the time of service.



AUGUST 2025 MONTHLY CALENDAR

6

/ <u>SUN</u>	/ <u>MON</u>	/ <u>TUES</u>	/ <u>WED</u>	/ <u>THURS</u>	1 <u>FRI</u>	2 <u>SAT</u>
3 <u>SUN</u>	4 <u>MON</u> 12:00- Realty 3 Information Table 12:30-Pickleball Fitness	5 <u>TUES</u> 2:30- Autoimmune Disorders Support Group	6 <u>WED</u> 1:00- National Root Beer Float Day Celebration	7 <u>THURS</u>	8 <u>FRI</u> 10:00- Veterinary Health and Wellness Clinic	9 <u>SAT</u>
10 <u>SUN</u>	11 <u>MON</u> 12:30-Pickleball Fitness 1:00-Boost Your Brain Health by Eating Well	12 <u>TUES</u>	13 <u>WED</u>	14 <u>THURS</u> 1:30-On the Mend Presentation – Assistive Equipment	15 <u>FRI</u> 9-10- Berkshire Hathaway Real Estate Information Table	16 <u>SAT</u>
17 <u>SUN</u>	18 <u>MON</u> 12:30-Pickleball Fitness	19 <u>TUES</u> 2:30- Autoimmune Disorders Support Group	20 <u>WED</u> 9:00-11 –Raymond Senior Planning Informational Table 1:00- Jane Willan-Author Talk	21 <u>THURS</u> Senior Citizens Day 	22 <u>FRI</u>	23 <u>SAT</u>
24 <u>SUN</u>	25 <u>MON</u> 9:00 Pre-Diabetes/ Diabetes Support 10:00 Computer Class Registration	26 <u>TUES</u> 12:00- Calendar House Book Club	27 <u>WED</u> 10-11- Blood Pressure Clinic	28 <u>THURS</u>	29 <u>FRI</u> 10:00- Probate Forum 1:00- Birthday Bingo	30 <u>SAT</u>
31 <u>SUN</u>						

DROP IN DAILY! 8:30 — 4:30
 Pool * Ping Pong * Cardio Room * Sit 'n Be Fit * Stained Glass
 Active Walkers *Library/Puzzle Makers * Coffee 'n Conversation

SIT 'n BE FIT

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)



CARDIO DRUMMING

During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. This drop-in class is offered Monday through Friday at 2 p.m. (10 students max)

GENTLE SEATED CHAIR YOGA w/ CYNTHIA

Mondays from 9:15-10:15 a.m. This Drop-in class will include gentle yoga performed in a chair and postures using support of the wall or at the exercise bar. Please wear non-slip shoes or socks and comfortable clothes! Your first class is always FREE, then pay \$8 per class to instructor, payable to Cynthia Griffin.

TUESDAY/THURSDAY GROUP EXERCISE



These exercise classes include cardio, strength, and balance. Please bring hand weights to class. These drop-in classes are offered on Tuesdays w/Kim at 9 & 10 a.m. and Thursdays w/Marcia at 9 & 10 a.m. (12 students max)

SEATED & GENTLE YOGA w/ CLEMENTINE

Drop-in Wednesday at 9:15-10:15 a.m. for seated yoga and Friday at 9:30-10:30 a.m. for gentle yoga. Please wear non-slip shoes and comfortable clothes! Your first class is always FREE, then pay \$8 per class payable to the instructor.

BREATHWORK & MEDITATION w/ CYNTHIA

Thursdays from 1:00-1:45 This drop-in class can be done in a chair or on a yoga mat. No experience necessary to explore the many benefits of being in the moment with gentle easy movements, breathwork and meditation. Each week you will learn different aspects of these calming techniques. Please wear comfortable clothing. Your first class is free, then pay \$8 to the instructor, payable to Cynthia Griffin.



MONTHLY PROGRAMS

HOW TO REGISTER FOR PROGRAMS:

Most programs at Calendar House require pre-registration. If a program says:

- **Register online:** Visit schedulesplus.com/chs to register.
- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just *drop in!*

BERKSHIRE HATHAWAY INFORMATION TABLE



W/ LISA OLSON, REALTOR

Friday, August 15th, 9-10 a.m. Drop-in. Meet with Lisa Olson for any real estate questions you may have!



RAYMOND SENIOR PLANNING

Wednesday, August 20th 9:00-11:00 am

Beata Raymond will be in the Calendar House lobby to answer questions you may have on all things Medicare! **Drop-in.**

REALTY 3 INFORMATION TABLE



Monday, August 4th 12:00-1:30pm

Margie Chupron and Diane Epps, both Realtors® with Realty 3 CT, are excited about the opportunity to connect with members of the senior community who may have questions about the Southington real estate market. **Drop in.**

JOHN E. DEMELLO SR. VETERANS COFFEE HOUR



Co-sponsored by the Calendar House and the Town of Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m. at the Calendar House Senior Center. *No registration is required, just drop in!* *Coffee Hours will not be held for the months of July and August.*

PROBATE FORUM

w/Matthew Jalowiec, Probate Judge

Friday, August 29th, 10 to 11 a.m. Register online or call before Thursday, August 28th.



AUGUST PROGRAMS

AUTOIMMUNE DISORDERS SUPPORT GROUP

Tuesdays, August 5th and 19th from 2:30-4:00pm This is for any members interested in a support group for those diagnosed with autoimmune symptoms. This is an 8 week program facilitated by Jacki Willametz, RN. The topics covered will be medical terms, types of autoimmune diseases, sharing amongst members, and guest speakers covering related topics. **Please register one day before the group meets online or call the front desk at 860-621-0314.**

PICKLEBALL FITNESS

August 4th, 11th, and 18th from 12:30-1:30pm This exercise class is designed specifically for the demands of pickleball. If you take this class not only will you feel better about your pickleball game, you will just *feel better*.

Taught by Lou Friedman, a retired Physical Therapist with over 40 years of experience treating orthopedic injuries, a certified injury prevention specialist, and certified in coaching by Professional Pickleball Registry (PPR).

Sign up, bring your paddle, and good court shoes and get ready to see your game improve.

Suggested donation is \$5.00 payable to the instructor at the beginning of the class. **Register online or by calling the front desk by Friday, August 1st.**

NATIONAL ROOT BEER FLOAT DAY

Sponsored by the Bradley Home

Wednesday, August 6th at 1:00pm Enjoy a free root beer float on National Root Beer Float Day! Wear a Hawaiian shirt to make the day more festive! **Please register online or call 860-621-3014 by Monday, Aug. 4th.**

LOW-COST VETERINARY HEALTH & WELLNESS CLINIC By Vet Care Everywhere

Friday, August 8th, 10 a.m. -1 p.m.

Please register online: [https://](https://www.vetcareeverywhere.org/community-events/)

[www.vetcareeverywhere.org/community-](https://www.vetcareeverywhere.org/community-events/)

[events/](https://www.vetcareeverywhere.org/community-events/) . **Register by Monday, August 4th.** For those unable to register online, please contact Calendar House at 860-621-3014 for assistance.

Qualifying Seniors/Vets \$60 per pet, \$100 per pet for all others

Cash/Check only

Included Services:

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Heartworm testing (dogs only)

Additional services available for an added fee: Non-core vaccines including Lyme, Lepto, and Kennel Cough

Special Guidelines:

All cats must be in carriers and all dogs must be leashed

No litters of puppies or kittens

BOOST YOUR BRAIN HEALTH BY EATING WELL –presented by Farmington Station

Monday, August 11th at 1:00pm There is no question that eating a diet rich in brain healthy foods can benefit people at any and every age. It reduces inflammation, regulates blood sugar, promotes heart health and scientists are now finding it may have an effect on delaying the symptoms of Alzheimer’s disease. Hear why making more healthful and mindful food choices can benefit you and learn how you can cook “brain healthy” at home. **Register online or call the front desk by Wednesday, August 6th.**

DURABLE MEDICAL EQUIPMENT

PRESENTATION—presented by On the Mend Medical Supplies and Equipment

Thursday, August 14th at 1:30pm Learn about medical equipment that can assist you at home and support your independence. Feel free to bring family members or caregivers to this very informative/interactive presentation. **Register online or by calling the front desk at 860-621-3014.**

AUTHOR TALK WITH LOCAL AUTHOR JANE WILLAN

Wednesday, August 20th, 1:00pm Jane Willan wears two distinctive hats with equal grace—pastor and novelist. This unique combination infuses her writing with both spiritual depth and playful intrigue. After earning degrees from Hiram College, Boston University, and Vanderbilt Divinity School, Jane's path took her from a lab at Harvard to the pulpit in Connecticut. Since her 2003 ordination, she has served congregations across America

and currently leads Plantsville Congregational Church in Connecticut, where Jane's literary journey began with the beloved Sister Agatha and Father Selwyn Mystery Series. Set in a Welsh convent where cheese-making nuns solve crimes, these charming whodunits have been described as "Call the Midwife meets Agatha Christie." The series, beginning with "The Shadow of Death", delights readers with its gentle humor and engaging puzzles.

Through her books, sermons, and public appearances, Jane Willan reminds us that faith and imagination complement each other—proving that sometimes the most unexpected combinations create the most compelling stories. **Please register online or call the front desk by Tuesday, August 19th.**

Fall 2025 Computer/Tablet/Phone Classes

The Computer Learning Center will accept registrations at Calendar House for the Fall 2025 Computer/Tablet / Phone classes listed below on **Monday, August 25th at 10:00 am. After that date, registration for any remaining class seats will also be accepted in the Computer Lab between 10:00 and 12:00 on Monday mornings or between 1:00-3:00 on Wednesday afternoons until the start of the applicable class.** For full class descriptions, please visit <https://www.calendarhouse.org/schedule.php> or pick up a flyer at the Calendar House.

Manage Your Computer- Tuesdays at 1:00 pm Sept. 9th to Oct. 14, 2025- \$30

iPad/iPhone Basics– Thursdays at 10:00 Sept. 11th-Oct. 16th 2025- \$30

Android Phone Basics– Thursdays at 1:00 Sept. 11–Oct. 16th 2025- \$30

One on One Training– At an agreed time and date-\$10 per 2 hour session



SEPTEMBER PROGRAMS

END OF THE SUMMER COOK-OUT

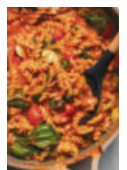


Thursday, September 4th

at 1:00pm What a fun way to celebrate the end of summer! Saint's Restaurant and Catering will be here to serve an amazing cook-out style menu. We will also have a DJ! Menu includes clam chowder, hot dogs, hamburgers, sausage burgers, veggie burgers, potato salad, macaroni salad, baked beans, fried peppers and onions, meat sauce, tossed salad, drinks and dessert. **Tickets will go on sale on Monday, August 4th. Fee is \$15pp.**

HANDS ONLY CPR & FIRST AID TRAINING

Monday, September 8th at 1:00pm Join South Central Health District for a Hands Only CPR & First Aid training! Exposure to CPR builds confidence, creates a culture of preparedness, & reduces anxiety surrounding emergency response. In the training you will learn how to identify when CPR is needed, perform effective hands-only CPR, and learn how to operate an AED. **Please register online or call the front desk at 860-621-0314 by Thursday, September 4th.**



PASTA 101: TYPES, INGREDIENTS, AND PAIRINGS

Wednesday, September 10th at 1:00pm Join public speaker and Italian culture educator Anna Oliva for *Pasta 101*—a lively and engaging introduction to Italy's most iconic dish: pasta! You'll explore the fascinating stories behind pasta shapes, learn about key ingredients, and discover the secrets to perfect pairings with sauces—all while gaining insight into Italy's rich culinary and cultural traditions. As a special treat, Anna will also offer a live demonstration on how to make traditional cavatelli by hand—a rustic pasta from Southern Italy that's as fun to make as it is to eat.

Anna Oliva is a passionate advocate for Italian culture, cuisine, and history. With deep roots in Italy, she shares her knowledge through engaging workshops that bring the flavors and traditions of her homeland to life. Her sessions are designed to educate, inspire, and make Italian cooking approachable for everyone. **Please register online or call the front desk at 860-621-3014 by Friday, September 5th.**

NUTRITION

CHANGES TO CALENDAR HOUSE CAFÉ

Due to recent federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at Calendar House Senior Center. **RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for cancellation of private pay meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the **following** Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 25 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

DIAL-A-RIDE TRANSPORTATION



The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed. Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting www.calendarhouse.org and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

CT Transit Route 532/CTfastrak: Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

Medical Appointments: Calendar House provides rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one

week advance notice for all appointments; the more advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

In-town medical appointments: Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

Out-of-town medical appointments: Please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

Shopping, Personal and Hair Appointments: Please schedule for Tuesdays and Thursdays only and provide at least one week advanced notice.

Calendar House: Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.





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Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779 . The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time. Please note: credit cards are not accepted for day trips.

2025

Thurs/Sept 11th LUNCHEON SHOW AT THE FARMINGTON POLO CLUB Enjoy “Yesterday Once More” A Tribute to The Carpenters and a lovely lunch on the grounds of the beautiful Farmington Polo Club. Dinner included. **Drive on your own. \$97pp**

Wed/Oct 15th LYNDBURST IN THE FALL Enjoy lunch at The Old 76 House in Tappan, New York before taking a guided tour of Lyndhurst Mansion in Tarrytown. **\$160pp**

Wed/Nov 19th FIREPLACE FEAST AT THE SALEM CROSS INN The Salem Cross Inn is a restored 18th century farmhouse in West Brookfield, MA. Enjoy a Cider Reception with cheese and crackers, tour the Inn, and go on a horse drawn carriage ride around the property. The meal will consist of Chowder of the Sea, Prime Rib that is cooked in an open hearth, Veg., Potato, Apple Pie with fresh whipped cream. Vegetarian option: Pasta Primavera. **\$158pp**

Wed/Dec 3rd CHRISTMAS CHARM IN MASSACHUSETTS Enjoy a delicious lunch at the Steaming Tender Restaurant. The Restaurant is a restored train station that is decorated with train memorabilia. The meal consists of: Salad, a choice of Chicken Pot Pie, Meatloaf, or Haddock Florentine, veg., dessert/ coffee. Stop at Randall’s Farm Market, and experience the 2.5 mile Bright Nights at Forest Park in the motor coach. **\$149pp**

Wed/Dec 10th KENNY AND DOLLY-A SMOKY MOUNTAIN CHRISTMAS This is a tribute show that recreates the amazing talents of Kenny Rogers and Dolly Parton at the Aqua Turf Club. Dinner included. **\$97pp**

* **Tues/Sept 9th JUKEBOX 45 SHOW BAND:DOOWOP SHOWS** Dinner and music-Aqua Turf **\$55pp**

* **Tues/Nov 11th JIMMY MAZZ -FEVER 'N CHILLS SHOW** Tom Jones and Karen Carpenter tribute. Dinner included. Aqua Turf **\$55pp**

* **Tues/Dec 9th HOLIDAY CLASSICS WITH THE CARTELLS** Featuring a sing-a-long from The Glamour Girls. Santa and Mrs. Claus will be there too! Choice of Roasted Turkey or Baked Cod. Aqua Turf **\$55pp**

***All Aqua Turf events are drive yourself.**

“HIGHLIGHTED TRIPS”



Sept 29-Oct 7th SNAPSHOT: LONDON AND PARIS. Tour includes Roundtrip airfare from Boston, roundtrip transfer from Calendar House, 7 nights accommodations, 11 meals, sightseeing per itinerary, transportation throughout tour, tour director and gratuities. **\$4,299 pp**

Nov 29th-Dec 6th A NASHVILLE& SMOKY MOUNTAINS CHRISTMAS Tour includes Roundtrip airfare, tickets to ICE, Grand Ole Opry, Country dinner and Christmas Show, Delta River Flatboat ride, 4 nights in Gatlinburg and Asheville. Country Music Hall of Fame, Dollywood, etc.**\$3799 pp double/ \$4719 single**

LOCATION & STAFF

**388 Pleasant St.
Southington, CT 06489
Phone: 860-621-3014**

www.calendarhouse.org

**HOURS: 8:30 a.m.—4:30 p.m.
Monday—Friday**

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name **CALENDAR HOUSE** on WFSB Channel 3 and on the www.wfsb.com website. **Calendar House DOES NOT follow Southington Public Schools for closings and delays.**

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