



2025 Fine Arts and Crafts Exhibit.

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## FROM THE STAFF...

We hope everyone is having a wonderful and safe summer. We are working hard on programs over the summer to keep our members active and engaged.

We would like to let everyone know that there will be a staff change starting this month. Our wonderful Administrative Assistant II, Roxanne Avitabile will be moving over to the tax department. She will be missed very much here. She has been with the Calendar House for 4 years greeting our members and assisting them with a smile. We are wishing her the best of luck in her new position!

Our new Administrative Assistant II will be Tiffany Atkins. Tiffany has been with the Town of Southington for 17 years. Her last position was at the Library as an Administrative Assistant II. We are happy to welcome her to our staff and we know she will be a great addition to the Calendar House.

We have some great programs this month for you. We have the Herron Family Singers coming in July 3rd for a sing along.

Lisa Olson and a team of professionals

will be running a program about navigating life's big transitions, Patricia Griffin, a psychic medium will be here to "read" our members, and we have an Owl Program coming up with Tom Korsurto. All of the details for these programs are on pages 8 and 9.

The Quilts of Valor Sewing group will not be meeting over the summer. They will resume "sewing days" in September. If you are interested in joining the group call Liz Chubet at 860-621-0314. She will give you the information you need to join.

We want to wish you all a safe and happy 4th of July holiday!

-The Calendar House Staff

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**Please note:** Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing Sites. It is also available at the [calendarhouse.org](http://calendarhouse.org) website. To subscribe, please go to: [www.mycommunityonline.com](http://www.mycommunityonline.com) and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!!

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Calendar House - Southington, CT

06-5315



## WELCOME TO CALENDAR HOUSE!!

### Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.

### AARP Smart Driver

Friday, July 11th from 9 a.m.-1 p.m.

Learn ways to adjust for aging and health related driving issues. CT. specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class sizes are limited. Call 860-621-3014 to register. An on-line course is also available. To register for online course visit: <https://www.aarpdriversafety.org/>

## In Memoriam

Donations in memory or in honor of a friend or relative may be made to the **Calendar House Memorial Fund** and are gratefully accepted.

*Laraine Lapreay*



## MEMBERSHIP

### MEETING

Featuring

JC/DC Entertainment

Joe Cannata and Dean Coutsouridis

Calendar House

**Thursday, July 31st at 1:00 pm**

BACK BY POPULAR REQUEST!! JC/DC is a duo made up of the two lead male singers from Connecticut's premier event band who play a wide variety of music that is enjoyed by listeners of all ages and tastes. Their song list includes music by The Beatles, Etta James, Bobby Darrin, Elvis, Linda Ronstadt, Abba, The Four Seasons, Temptations, Billy Joel, Earth, Wind and Fire, Michael Buble, and Neil Diamond to name a few! Our community partner, Raymond Senior Planning, will provide delicious cake for you to enjoy as well!

The Rotary Club of Southington will be doing a short presentation about their organization, how it impacts the community and how you can get involved.

Register at the front desk by calling 860-621-3014 or online by Tuesday, July 22nd.

### Notice from the Town Clerks Office

The Town Clerks office would like you to be aware that they offer a program that will alert you of any potential fraud regarding your property. Please see below.

**PropertyCheck** This is a free service that helps protect residents from potential property and mortgage fraud. Cott Systems PropertyCheck will automatically alert you of any land record recordings regarding the name(s) you specify. Create as many variations of your name as you want and select how you would like to receive notifications.

To register for this program go to [southington.org](http://southington.org), Town Clerks page. The program will be listed on the left of the page where you can register.

## STATE OF CT

### RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments made in the calendar year prior to the year the renter applies (2024 info).

Applicants must have resided in CT for one year or more.

- You must have reached age 65 by December 31, 2024. (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age, but must show proof of Social Security Disability.
- Income Guidelines: \$45,200 Single Individual; \$55,100 Married Couple.
- You must provide copies of documentation of all 2024 income; including your 2024 Income Tax Return (if filed), as well as a copy of your 2024 SSA-1099; utility payments; rent receipts or monthly rent statements (please do not send originals).
- **NEW APPLICANTS:** If you have not previously applied, please provide your SS#, phone number, and a copy of your drivers license OR proof of residency and date of birth.

We are currently accepting applications. The last day to apply is Tuesday, September 30th. To apply, please bring copies of your required 2024 income, utility and rent documentation to Calendar House, 388 Pleasant Street, Southington, CT. 06489, or simply drop your paperwork in a sealed envelope in the secure drop box located at the entrance of the Calendar House building Attn: Rent Rebate. Please make sure to include your phone number so that we can reach you if we have any questions. For more information please call 860-621-3014.



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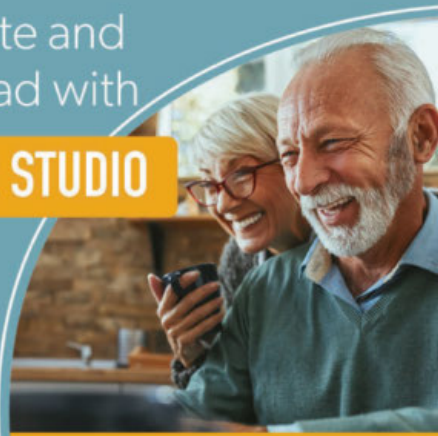
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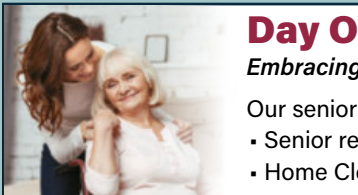
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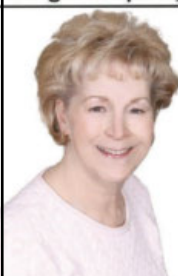
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Calendar House - Southington, CT

06-5315



## ALL DAY, EVERY DAY @ CALENDAR HOUSE

Pool Players/Ping Pong  
Cardio Room  
Active Walkers (Walking Track)  
Library/Puzzle Makers  
Coffee 'n Conversation in the Lounge  
Lunch is available Monday-Friday  
with advanced registration.  
See page 10 for details.

## COMPUTER LEARNING CENTER @ CALENDAR HOUSE

Visit: [www.calendarhouse.org](http://www.calendarhouse.org)  
and click on the "Tech Classes" tab  
for class information.  
**Computer Lab Hours:**  
Mondays: 10 a.m.—noon  
Wednesdays: 1—3 p.m.

## ENRICHMENT CLASSES

MONDAY: Quilting Informal Work  
Session 9 —12pm

WEDNESDAY: Independent  
Watercolor @ 1:30

**All other enrichment classes will resume  
in the fall. Class registration information  
will be published in the September  
Active Lifestyles issue.**

### MONDAY

Gentle Seated Yoga:  
9:15 (\$8 drop-in fee)  
Line Dance: 9:30  
Computer Lab : 10-12  
Sit 'n Be Fit: 11:15  
Mahjong: 12:30—*Need  
lessons? Call Lee Daley at  
239-821-7760!*  
Pickleball: 1-3  
Cardio Drum: 2-2:30

### TUESDAY

Group Exercise: 9 & 10  
Open Art Studio: 10-12  
(\$10 drop-in fee)  
Cribbage: 10-12  
Sit 'n Be Fit: 11:15  
Pickleball: 1-3  
Cardio Drum: 2-2:30

### WEDNESDAY

Gentle Seated Yoga: 9:15  
(\$8 drop-in fee)  
Line Dance: 9:30  
Granny Squares: 10-12  
Sit 'n Be Fit: 11:15  
Set Back: 12:30-3  
Computer Lab: 1-3  
Pickleball: 1-3  
Independent Watercolor:  
1:30-3:30  
Cardio Drum: 2-2:30

### THURSDAY

T.O.P.S.: 8:30  
Group Exercise: 9 & 10  
Tap Dancing: 10-11  
Stained Glass Group: 10:30  
Sit 'n Be Fit: 11:15  
Hand & Foot Card Game:  
12:30 (7/10 +7/24)  
Party Bridge: 1-3:15  
Pickleball: 1-3  
Scrabble: 1-3  
Cardio Drum: 2-2:30  
Breathwork and  
Meditation: 1:00

### FRIDAY

Gentle Yoga: 9:30  
(\$8 drop-in fee)  
Sit 'n Be Fit: 11:15  
Bingo: 1:00  
*7/25 is Birthday Bingo!  
Receive a free  
card to play AND  
a cupcake if your  
birthday is in  
June. Register at  
the bingo table prior to 7/25*  
Cardio Drum: 2-2:30



## HEALTH AND WELLNESS

### CHAIR MASSAGE

Enjoy a 10 min chair massage with licensed massage therapist Steve Casillas in the Health Suite. To make an appointment please contact Liz Chubet at [chubete@southington.org](mailto:chubete@southington.org) or 860-621-3014 for his contact information. He will put you in his schedule. His fee of \$15 can be paid directly to him during the appointment.



### FREE BLOOD PRESSURE CLINIC

The Orchards of Southington holds a free blood pressure screening clinic at Calendar House on the last Wednesday of each month from 10:00-11:00 a.m. The next clinic will be held on Wednesday, July 30th. **Drop in!**

### T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? **Drop in!** (Nominal fee applies).

### PRE-DIABETES/DIABETES SUPPORT GROUP

Whether you are curious, newly diagnosed or have been managing for years, this group offers education, support, and practical tips. Topics include prediabetes, diabetes basics, nutrition, medications, exercise, monitoring and coping strategies. Betsy will answer your questions and offer discussion on: "I feel fine, why and how should I pay attention?" By: Betsy Gaudian MSN, RN-BC, RDN, CDCES. This free group will meet on the last Monday of each month from 9:00-10:00 a.m. at the Calendar House. Sign up at the front desk, call 860-621-3014, or register online by visiting [schedulesplus.com/chs](http://schedulesplus.com/chs)


### REIKI HEALING



Reiki Healing sessions with Jennifer Michnowicz will be held at Calendar House Health Suite. Please contact Jennifer directly at 860-919-7365 to schedule and cancel appointments. Each 45 minute session is \$30, payable directly to Jennifer at the time of service. **There will be no Reiki in July.**

# JULY 2025 MONTHLY CALENDAR

6

<u>SUN</u>	<u>MON</u>	1 <u>TUES</u> 9:00-11 <i>Chair Massage</i> 2:30- <i>Myositis Support Group</i>	2 <u>WED</u>	3 <u>THURS</u> 1:00- <i>Herron Family Singers</i>	4 <u>FRI</u> CENTER CLOSED Independence Day 	5 <u>SAT</u>
6 <u>SUN</u>	7 <u>MON</u> 10:00- <i>What's Next? Navigating Life's Big Transitions</i>	8 <u>TUES</u> 9:00-11- <i>Chair Massage</i> 2:30- <i>Myositis Support Group</i>	9 <u>WED</u>	10 <u>THURS</u> 12:00- <i>Realty 3 Information Table</i> 1:00— <i>Owls of CT and Elsewhere</i>	11 <u>FRI</u> 9:00-1:00- <i>AARP Safe Driver</i>	12 <u>SAT</u>
13 <u>SUN</u>	14 <u>MON</u>	15 <u>TUES</u> 9:00-11- <i>Chair Massage</i> 2:30- <i>Myositis Support Group</i>	16 <u>WED</u>	17 <u>THURS</u> 1:00- <i>Patricia Griffin Psychic Medium</i>	18 <u>FRI</u> 9-10- <i>Real Estate Info Table</i>	19 <u>SAT</u>
20 <u>SUN</u>	21 <u>MON</u>	22 <u>TUES</u> 9:00-11- <i>Chair Massage</i> 2:30- <i>Myositis Support Group</i>	23 <u>WED</u>	24 <u>THURS</u>	25 <u>FRI</u> 10:00- <i>Probate Forum</i> 1:00- <i>Birthday Bingo</i> 1:30- <i>Marisa Malone</i>	26 <u>SAT</u>
27 <u>SUN</u>	28 <u>MON</u> 9:00 Pre-Diabetes/ Diabetes Support	29 <u>TUES</u> 12:00- <i>Calendar House Book Club</i>	30 <u>WED</u> 10-11- <i>Blood Pressure Clinic</i>	31 <u>THURS</u> 1:00 - <i>Membership Meeting</i>	/ <u>FRI</u>	/ <u>SAT</u>

**DROP IN DAILY! 8:30 — 4:30**

Pool \* Ping Pong \* Cardio Room \* Sit 'n Be Fit \* Stained Glass  
Active Walkers \* Library/Puzzle Makers \* Coffee 'n Conversation



## **SIT 'n BE FIT**

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)



## **CARDIO DRUMMING**

During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. This drop-in class is offered Monday through Friday at 2 p.m. (10 students max)

## **GENTLE SEATED CHAIR YOGA w/ CYNTHIA**

Mondays from 9:15-10:15 a.m. This Drop-in class will include gentle yoga performed in a chair and postures using support of the wall or at the exercise bar. Please wear non-slip shoes or socks and comfortable clothes! Your first class is always FREE, then pay \$8 per class to instructor, payable to Cynthia Griffin.

## **TUESDAY/THURSDAY GROUP EXERCISE**



These exercise classes include cardio, strength, and balance. Please bring hand weights to class. These drop-in classes are offered on Tuesdays w/Kim at 9 & 10 a.m. and Thursdays w/ Marcia at 9 & 10 a. m. (12 students max)

## **SEATED & GENTLE YOGA w/ CLEMENTINE**

Drop-in Wednesday at 9:15-10:15 a.m. for seated yoga and Friday at 9:30-10:30 a.m. for gentle yoga. Please wear non-slip shoes and comfortable clothes! Your first class is always FREE, then pay \$8 per class payable to the instructor.

## **BREATHWORK & MEDITATION w/ CYNTHIA**

Thursdays from 1:00-1:45 This drop-in class can be done in a chair or on a yoga mat. No experience necessary to explore the many benefits of being in the moment with gentle easy movements, breathwork and meditation. Each week you will learn different aspects of these calming techniques. Please wear comfortable clothing. Your first class is free, then pay \$8 to the instructor, payable to Cynthia Griffin.



## **MONTHLY PROGRAMS**

### **HOW TO REGISTER FOR PROGRAMS:**

Most programs at Calendar House require pre-registration. If a program says:

- **Register online:** Visit [schedulesplus.com/chs](https://schedulesplus.com/chs) to register.
- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just *drop in*!

## **BERKSHIRE HATHAWAY INFORMATION TABLE**

**W/ LISA OLSON, REALTOR**

Friday, July 18th, 9-10 a.m. Drop-in. Meet with Lisa Olson for any real estate questions you may have!



## **RAYMOND SENIOR PLANNING**

**Will not be here in July**

Beata Raymond will be in the Calendar House lobby to answer questions you may have on all things Medicare! Drop-in.

## **REALTY 3 INFORMATION TABLE**

Thursday, July 10th 12:00-1:30pm

Margie Chupron and Diane Epps, both Realtors® with Realty 3 CT, are excited about the opportunity to connect with members of the senior community who may have questions about the Southington real estate market. Drop in.



## **JOHN E. DEMELLO SR. VETERANS COFFEE HOUR**

Co-sponsored by the Calendar House and the Town of Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m. at the Calendar House Senior Center. *No registration is required, just drop in! Coffee Hours will not be held for the months of July and August.*



## **PROBATE FORUM**

**w/Matthew Jalowiec, Probate Judge**

Friday, July 25th, 10 to 11 a.m. Register online or call before Thursday, July 24th.



## JULY PROGRAMS

### **SING ALONG WITH THE HERRON FAMILY SINGERS**

**Thursday, July 3rd at 1:00pm**



Enjoy listening and singing along to patriotic music performed by the Herron Family Singers. We will also have light refreshments for you to enjoy. No registration necessary.

### **MYOSITIS SUPPORT GROUP**



**Tuesdays, July 8th and 22nd from 2:30-4:00 pm**

This is for any members interested in a support group for those diagnosed with autoimmune symptoms. This is an 8 week program facilitated by Jacki Willametz, RN. The topics covered will be medical terms, types of autoimmune diseases, sharing amongst members, and guest speakers covering related topics.

### **WHAT'S NEXT? NAVIGATING LIFE'S BIG TRANSITIONS**

**Monday, July 7th at 10:00 am** Join us for an informative session designed to help you navigate important decisions about your future. Whether you're considering downsizing, exploring assisted living options, ensuring your estate plans are in order, or understanding your financing options, our panel of experts is here to provide guidance and answer your questions.

Featured speakers:



- Lisa Olson, Realtor and Seminar Host- Home Selling, Moving, and Downsizing
- Michael Trella, Attorney-Wills, Trusts, Power of Attorney, and Estate Planning
- Chris Johnston, Amston Home Transition Solutions- Moving Services and Relocation Support
- Carlene Shannon, Annie Mac Home Mortgage- Financing Options and Mortgage Solutions

**Please register online or by calling the office at 860-621-3014 by July 3rd.**

### **OWLS OF CT AND ELSEWHERE**



**Thursday, July 10th at 1:00pm**

Join Thomas Kosturko, Home Care Coordinator of Compassion Homecare as he presents Owls of Connecticut and Elsewhere. During this 90-minute presentation, Tom will give you a brief overview of Compassion Homecare before focusing on our feathered friends! Learn fun facts about owls such as:

- Number of different owl species in Connecticut.
- Lifespan, size and weight of owls in Connecticut.
- Nesting and breeding habits of owls in Connecticut.
- Eating habits of owls in Connecticut.

To register for this FREE program call 860-621-3014, register online at [schedulesplus.com/chs](https://schedulesplus.com/chs), or sign up at the front desk.

### **AN AFTERNOON WITH PATRICIA GRIFFIN – PSYCHIC MEDIUM**

**Thursday, July, 17th at 1:00pm** Join us for an unforgettable afternoon of love, laughter, tears, and validation as Patricia connects to your loved ones on the other side.

Patricia reads with great accuracy, integrity, humor and love. She gives messages to audience members from your loved ones in spirit as she receives them. These messages help to bring us peace, closure, comfort, and to let us know that even though we leave our physical body, our spirit, our essence, and our souls live on.

Patricia Griffin is a natural born medium who in 2014 came to a point where she could no longer deny her gifts and went on to become a professional medium. Based in Connecticut, Patricia continues to perform sold out shows and readings.

At venues in Connecticut, New York, New Hampshire, Massachusetts, Maine, Illinois and Florida she is spreading the message that love sees all, believes all, and never ends.

Patricia was a regular guest on the 'CT Style' television show. She has also been featured on Anna and Raven, Plum Foods podcast, WPLR, WPKN, WATR, Good



Afternoon New York, CT Live on NBC, Morning Buzz on WTNH and Great Day CT. She does private readings, group sessions, galleries, and fundraisers. Among Patricia's greatest honors is reading at fairs for Pat Longo who is the mentor of the famous Long Island Medium.

Patricia is a strong proponent of education within her field. She teaches psychic development circles and mediumship courses for Milford Adult Education, Shoreline Adult Education in Branford, Trumbull Continuing Education, and Valley Regional Adult Education. She feels that everyone has certain spiritual gifts and she helps her students fine tune their abilities so they become more aware and confident.

**NOTE:** Although Patricia is known to getting to as many audience members as possible a reading is not guaranteed. Fee is \$20 per ticket. Registration will start Monday, June 16th. Please register in person. Cash only.

## **MARISA MALONE RD, EXPLORE EXOTIC FRUITS**

**Friday, July 25th at 1:30** Join Marisa Malone, RD from Shop Rite and explore exotic fruits. Summer is the perfect time to enjoy a wide variety of fresh produce. Exotic fruits are available all year round but are the best this time of year.

Learn more about how to prepare them, what to look for, and of course taste test!

**Please register by calling 860-621-3014 or online by Wednesday, July 23rd.**



## **COMING UP IN AUGUST**

### **PICKLEBALL FITNESS**

**August 4th, 11th, and 18th from 12:30-1:30pm** This exercise class is designed specifically for the demands of pickleball. If you take this class not only will you feel better about your pickleball game, you will just *feel better*.

Taught by Lou Friedman, a retired Physical Therapist with over 40 years of experience treating orthopedic injuries, a certified injury prevention specialist, and

certified in coaching by Professional Pickleball Registry (PPR).

Sign up, bring your paddle, and good court shoes and get ready to see your game improve.

Suggested donation is \$5.00 payable to the instructor at the beginning of the class.

### **NATIONAL ROOT BEER FLOAT DAY**

**Sponsored by the Bradley Home**

**Wednesday, August 6th at 1:00pm** Enjoy a root beer float on National Root Beer Float Day! Wear a Hawaiian shirt to make the day more festive! **Please register online or call 860-621-3014 by Monday, Aug. 4th.**



**LOW-COST VETERINARY HEALTH & WELLNESS CLINIC By Vet Care Everywhere**  
**Friday, August 8th, 10 a.m. -1 p.m.**

Please register online: <https://www.vetcareeverywhere.org/community-events/> . **Register by Monday, August 4th.** For those unable to register online, please contact Calendar House at 860-621-3014 for assistance.

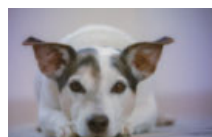
**Qualifying Seniors/Vets \$60 per pet,  
\$100 per pet for all others  
Cash/Check payment only**

### **Included Services:**

Wellness check  
Rabies vaccine (prior proof of rabies required for 3-year rabies certificate)  
Distemper vaccine  
Basic deworming  
Heartworm testing (dogs only)  
Additional services available for an added fee:  
Non-core vaccines including Lyme, Lepto, and Kennel Cough

### **Special Guidelines:**

All cats must be in carriers and all dogs must be leashed  
No litters of puppies or kittens



## NUTRITION

### CHANGES TO CALENDAR HOUSE CAFÉ

Due to recent federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at Calendar House Senior Center. **RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on each program.

**RW Solutions** — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for cancellation of private pay meals.

**Bread For Life** — Serving Wednesday and Thursday. Please order meals by Friday at noon for the **following** Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 25 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

## DIAL-A-RIDE TRANSPORTATION



The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed. Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting [www.calendarhouse.org](http://www.calendarhouse.org) and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

**CT Transit Route 532/CTfastrak:** Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

**Medical Appointments:** Calendar House provides rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one

week advance notice for all appointments; the more advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

**In-town medical appointments:** Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

**Out-of-town medical appointments:** Please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

**Shopping, Personal and Hair Appointments:** Please schedule for Tuesdays and Thursdays only and provide at least one week advanced notice.

**Calendar House:** Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.





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Calendar House - Southington, CT

06-5315





**Trip Desk** is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at [www.calendarhouse.org](http://www.calendarhouse.org) under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779. The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time. Please note: credit cards are not accepted for day trips.

## 2025

**Tues/Aug 19th CAROLE’S KINGS TRIBUTE** classics from the 60s and 70s with dinner at the Aqua Turf **\$97pp**

**Thurs/Sept 11th LUNCHEON SHOW AT THE FARMINGTON POLO CLUB** Enjoy “Yesterday Once More” A Tribute to The Carpenters and a lovely lunch on the grounds of the beautiful Farmington Polo Club. Dinner included. **Drive on your own. \$97pp**

**Wed/Oct 15th LYNDHURST IN THE FALL** Enjoy lunch at The Old 76 House in Tappan, New York before taking a guided tour of Lyndhurst Mansion in Tarrytown. **\$160pp**

**Wed/Dec 10th KENNY AND DOLLY-A SMOKY MOUNTAIN CHRISTMAS** This is a tribute show that recreates the amazing talents of Kenny Rogers and Dolly Parton at the Aqua Turf Club. Dinner included. **\$97pp**

**Wed/Nov 19th FIREPLACE FEAST AT THE SALEM CROSS INN** The Salem Cross Inn is a restored 18th century farmhouse in West Brookfield, MA. Enjoy a Cider Reception with cheese and crackers, tour the Inn, and go on a horse drawn carriage ride around the property. The meal will consist of Chowder of the Sea, Prime Rib that is cooked in an open hearth, Veg., Potato, Apple Pie with fresh whipped cream. Vegetarian option: Pasta Primavera. **\$158pp**

**Wed/Dec 3rd CHRISTMAS CHARM IN MASSACHUSETTS** Enjoy a delicious lunch at the Steaming Tender Restaurant. The Restaurant is a restored train station that is decorated with train memorabilia. The meal consists of: Salad, a choice of Chicken Pot Pie, Meatloaf, or Haddock Florentine, veg., dessert/ coffee. Stop at Randall’s Farm Market, and experience the 2.5 mile Bright Nights at Forest Park in the motor coach. **\$149pp**

- \* **Tues/Aug 12th SONG, DANCE AND ROMANCE** Dinner and music-Aqua Turf **\$55pp**
- \* **Tues/Sept 9th JUKEBOX 45 SHOW BAND:DOOWOP SHOWS** Dinner and music-Aqua Turf **\$55pp**
- \* **Tues/Nov 11th JIMMY MAZZ -FEVER ‘N CHILLS SHOW** Tom Jones and Karen Carpenter tribute. Dinner included. Aqua Turf **\$55pp**

**\*All Aqua Turf events are drive yourself.**

## “HIGHLIGHTED TRIPS”



**Sept 29-Oct 7th SNAPSHOT: LONDON AND PARIS.** Tour includes Roundtrip airfare from Boston, roundtrip transfer from Calendar House, 7 nights accommodations, 11 meals, sightseeing per itinerary, transportation throughout tour, tour director and gratuities. **\$4,299 pp**

**Nov 29th-Dec 6th A NASHVILLE& SMOKY MOUNTAINS CHRISTMAS** Tour includes Roundtrip airfare, tickets to ICE, Grand Ole Opry, Country dinner and Christmas Show, Delta River Flatboat ride, 4 nights in Gatlinburg and Asheville. Country Music Hall of Fame, Dollywood, etc. **\$3799 pp double/ \$4719 single**

## LOCATION & STAFF

**388 Pleasant St.  
Southington, CT 06489  
Phone: 860-621-3014**

[www.calendarhouse.org](http://www.calendarhouse.org)

**HOURS: 8:30 a.m.—4:30 p.m.  
Monday—Friday**

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name **CALENDAR HOUSE** on WFSB Channel 3 and on the [www.wfsb.com](http://www.wfsb.com) website. Calendar House DOES NOT follow Southington Public Schools for closings and delays.

### DIRECTOR

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Paula Ofiara Pocock & Christie Boucher

### P/T BUS DRIVERS

Ed Pocock & Bob Donia

### TRIP DESK COORDINATOR

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[lane.white28@gmail.com](mailto:lane.white28@gmail.com)

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