

* High Sugar Content
 **High in Sodium Content
 +Higher Fat Content
 LS-Low Sodium



March Menu 2019

1% or Skim milk provided
 Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION 2:50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Corn Chowder Unsalted Crackers Seafood Salad** Lettuce and Tomato Pasta Primavera</p> <p>Hot Dog Roll</p> <p>Banana</p>
<p>4</p> <p>Orange Juice Pulled Pork Baked Beans Coleslaw</p> <p>W.W. Hamburger Roll</p> <p>Applesauce</p>	<p>5</p> <p>Pineapple Juice Sweet and Sour Grilled Chicken Breast Au Jus Mashed Potato Ginger Baby Carrots HAPPY BIRTHDAY 12 Grain Bread</p> <p>Birthday Cake*</p>	<p>6</p> <p>Stuffed Shells Alfredo Broccoli Garden Salad Thousand Island+</p> <p>Italian Bread</p> <p>Pears</p>	<p>7</p> <p>Grape Juice Beef Stew Brown Rice Green Beans</p> <p>W.W. Dinner Roll</p> <p>Tropical Fruit Cup</p>	<p>8</p> <p>LS Escarole Bean Soup Unsalted Crackers Eggplant Rolatini Baked Ziti with Sauce Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Brownie</p>
<p>11</p> <p>Sloppy Joe Mashed Potato Beets</p> <p>Hamburger Bun</p> <p>Pineapple Chunks</p>	<p>12</p> <p>Grape Juice Stuffed Shells Meat Sauce Romaine Salad Ranch Dressing</p> <p>Garlic Bread</p> <p>Fresh Apple</p>	<p>13</p> <p>Hearty Vegetable Soup Unsalted Crackers Cracked Pepper Turkey Swiss Cheese Macaroni Salad</p> <p>Hard Roll Peach Cobbler with Topping</p>	<p>14</p> <p>Cranberry Juice Corned Beef Cabbage Boiled Potatoes Carrots Mustard</p>  <p>Rye Bread</p> <p>St. Patty's Day Treat</p>	<p>15</p> <p>Baked Fish with Potato Hash Hot Buttered Peas</p> <p>Multigrain Bread</p> <p>Fresh Orange</p>
<p>18</p> <p>Hot Dog with Sauerkraut Baked Beans Broccoli</p> <p>Hot Dog Roll</p> <p>Cinnamon Applesauce</p>	<p>19</p> <p>Apple Juice Bruschetta Chicken Mashed Potatoes Spinach</p> <p>Pumpnickel Bread</p> <p>Pears</p>	<p>20</p> <p>Orange Juice Cheeseburger Lettuce and Tomato Steak Fries Corn with Peppers</p> <p>Hamburger Bun</p> <p>Oatmeal Cookies</p>	<p>21</p> <p>LS Chicken Vegetable Unsalted Crackers Lasagna Rolette Meat Sauce Garden Salad Italian Dressing Garlic Bread</p> <p>Fresh Apple</p>	<p>22</p> <p>Crab Cakes with White Sauce Rice Pilaf Broccoli</p> <p>Rye Bread</p> <p>Citrus Sections</p>
<p>25</p> <p>Chicken Pot Pie with Carrots, Celery Diced Potatoes Chopped Spinach</p> <p>Biscuit</p> <p>Tropical Fruit Cup</p>	<p>26</p> <p>Knockwurst Apples and Sauerkraut Pierogies Broccoli</p> <p>Hot Dog Bun</p> <p>Pears</p>	<p>27</p> <p>Cranberry Juice Turkey Tetrazinni Brown Rice Green Beans</p> <p>Dinner Roll</p> <p>Chocolate Chip Cookies</p>	<p>28</p> <p>Meatloaf LS Beef Gravy Baked Potato Broccoli and Carrots</p> <p>Oatmeal Bread</p> <p>Banana</p>	<p>29</p> <p>Butter Crunch Fish Fried Rice Stir Fry Vegetables</p> <p>Multigrain Bread</p> <p>Pineapple Chunks</p>