

CW Resources Senior Community Café

MENU ITEMS
SUBJECT TO CHANGE

1% or Skim milk provided
Margarine available

July Menu 2018



SUGGESTED DONATION 2:50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Roast Turkey with Turkey Gravy Stuffing Spinach Cranberry Sauce Dinner Roll Fresh Plum	3 Apple Juice Cheeseburger Lettuce and Tomato LS Baked Beans Corn on the Cob Hamburger Roll Italian Ice	4 Happy Fourth of July! 	5 Grape Juice Crab Cakes French Fries Broccoli Happy Birthday Oatmeal Bread Birthday Cake	6 Minestrone Soup Unsalted Crackers Chef Salad with LS Ham, LS Turkey, Cheese, Egg, Tomato, Cucumbers and Olives Ranch Dressing Pumpernickel Bread Fresh Orange
9 Chicken Salad with Celery Pasta Salad with Broccoli, Red Peppers, White Beans, Black Olives and Carrots Club Roll Pineapple Chunks	10 Grape Juice Eggplant Rolatini Marinara Sauce Ziti Green Beans 12 Grain Bread Brownie	11 Asian Chicken Salad with Chicken Strips, Mandarin Oranges, Sesame Seeds and Cucumbers Breadstick Grapes	12 Salisbury Steak LS Gravy Mashed Potato Carrots Oat Bread Fruit Cocktail	13 Carving station Juice Pork Loin with Applesauce & Gravy Scallop Potatoes Yellow & Green Squash Dinner Roll Frosted Cake
16 Grape Juice Pier 17 Fish Mashed Potato Scandinavian Veggies Tartar Sauce 12 Grain Bread Chocolate Chip Cookies	17 N.E. Clam Chowder Unsalted Crackers Egg Salad, Cottage Cheese, 4 Bean Salad Lettuce Bed Corn Muffin Peaches	18 Asian Beef Strips with Ginger Sauce Brown Rice Oriental Blend Veggies Garden Salad Italian Dressing Pumpernickel Bread Pineapple Chunks	19 Grape Juice Grilled Orange Chicken Orange Sauce Sesame Noodles Winter Blend Veggies 100% Whole Wheat Bread Tropical Fruit Cup	20 Grape Juice Slow Cooked Pork with Pan Gravy Roasted Herb Potatoes Squash Medley Dinner Roll Watermelon
23 Eye of the Round Horseradish Sauce Mashed Potato Beets 12 Grain Bread Pineapple Chunks	24 Apple Juice Pork Riblet BBQ Sauce <i>Corn with Black Beans</i> <i>Cole Slaw</i> Corn Muffin Vanilla Chocolate Ice Cream Cup	25 Baked Fish Tartar Sauce Buttered Rice with Peas and Mushrooms Corn on the Cob Rye Bread Banana	26 Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Carrot Slaw Sub Roll Peaches	27 Macaroni, Tuna and Pea Salad Broccoli and Red Pepper Salad 100% W.W. Dinner Roll Fresh Fruit Salad
30 Potato Leek Soup Unsalted Crackers LS Italian Sausage (mild) Onions and Peppers Pasta Spinach Salad Club Roll Fruit Cocktail	31 Cranberry Juice Meatloaf with Onion Gravy Mashed Potato Peas and Carrots Multi Grain Bread Fresh Pear	  		