



November Menu



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$2:50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Chicken Pot Pie Brown Rice Green Beans</p> <p>Biscuit</p> <p>Peaches</p>	<p>2</p> <p>Grape Juice Crab Cakes with White Sauce Mashed Potatoes Tuscany Vegetables Rye Bread</p>  <p>Birthday Cake</p>	<p>3</p> <p>Apple Juice Vegetarian Chili White Rice Carrots</p> <p>Corn Muffin</p> <p>Pears</p>
<p>6</p> <p>Grape Juice Sloppy Joe Mashed Potato Corn</p> <p>Hamburger Bun</p> <p>Rice Pudding</p>	<p>7</p> <p>Hearty Vegetable Soup Unsalted Crackers Eggplant Rolette with Meat Sauce Buttered Ziti Peas Oatmeal Bread</p> <p>Pineapple Chunks</p>	<p>8</p> <p>Unbreaded Fish Filet with Lemon Butter Sauce Harvest Rice Stewed Tomatoes</p> <p>Multi Grain Bread</p> <p>Mandarin Oranges</p>	<p>9</p> <p>Apple Juice Eye of the Round Beef Gravy  Egg Noodles Peas and Carrots</p> <p>100% Whole Wheat</p> <p>Brownie with Topping</p>	<p>10</p>  <p>CLOSED</p>
<p>13</p> <p>Cranberry Juice Chicken Ala King over Wild Rice Oriental Blend Veggies</p> <p>Pumpnickel Bread</p> <p>Pears</p>	<p>14</p> <p>Swedish Meatballs with Sour Cream Gravy Buttered Noodles Beets</p> <p>Rye Bread</p> <p>Apricots</p>	<p>15</p> <p>Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato Butter Ginger Carrots Cranberry Sauce</p> <p><i>Thanksgiving Special</i></p> <p>Dinner Roll Pumpkin Pie with Whipped Topping</p>	<p>16</p> <p>Cranberry Juice Lasagna Rollette Meat Sauce Romaine Salad French Dressing</p> <p>Garlic Bread</p> <p>Vanilla Pudding</p>	<p>17</p> <p>Pier 17 Fish Tartar Sauce Mashed Sweet Potato Spinach</p> <p>Dinner Roll</p> <p>Citrus Sections</p>
<p>20</p> <p>Meatloaf Brown Gravy Mashed Potatoes Green Beans</p> <p>100% Whole Wheat</p> <p>Apricots</p>	<p>21</p> <p>Orange Chicken Au Jus Buttered Orzo Scandinavian Veggies</p> <p>Multi Grain Bread</p> <p>Fresh Apple</p>	<p>22</p> <p>Orange Juice Fish Sandwich Sweet Potato Tots Chuck Wagon Veggies Tartar Sauce</p> <p>Hamburger Bun Oatmeal Raisin Cream Pie</p>	<p>23</p> <p>Happy Thanksgiving!</p> 	<p>24</p> 
<p>27</p> <p>Cream of Broccoli Unsalted Crackers Turkey Meatball Sub French Fries Mixed Veggies</p> <p>Sub Roll Fresh Orange</p>	<p>28</p> <p>Grape Juice Spaghetti with Chicken, Broccoli, Garlic, and Butter Parmesan Cheese Garden Salad Italian Dressing Garlic Bread Applesauce</p>	<p>29</p> <p>Cranberry Juice Hamburger Baked Beans Cole Slaw</p> <p>Hamburger Bun Cookies</p>	<p>30</p> <p>Sweet & Sour Vegetable Soup Unsalted Crackers Sweet & Sour Pork Fried Rice Oriental Vegetables Fortune Cookie Oatmeal Bread Pineapple</p>	