

2017 CALENDAR HOUSE CLASS SCHEDULE

CLASS & INSTRUCTOR	DAY - BEGINNING	TIME	LOCATION
*Ping Pong	Monday	9-10:30 AM	Room 2 Ongoing
*Line Dance (Terry Fitzgerald)	Monday	9:30-10:30 AM	Room 1 Ongoing
Folk Art (Carla Koch)	Monday - Sept. 25	10 AM-12 PM	Room 5 10 weeks
Stained Glass (informal group)	Monday	10:30 AM-12:30 PM	Woodshop Ongoing
*Physical Fitness (DVD)	Monday	11-11:30 AM	Room 1 Ongoing
*Badminton	Monday	2:30-4:30 PM	Room 1 Ongoing
*Physical Fitness (DVD)	Tuesday	11-11:30 AM	Room 1 Ongoing
Setback	Tuesday	1-2 PM	Room 2 Ongoing
*Strength Training (Ellen DeLong)	Tuesday	2:30-3:30 PM	Room 1 Ongoing
*Gentle Supported Yoga Pat Develeskis (self-pay)	Wednesday	9-10 AM	Room 2
*Dancercise (Terry Fitzgerald)	Wednesday	9-10 AM	Room 1 Ongoing
Granny Squares (informal group)	Wednesday	10 AM-12 PM	Room 5 Ongoing
Intermediate/Beginner Water Color Painting (Carla Koch)	Wednesday - Sept. 27	1-3 PM	Room 5 10 weeks
*Ping Pong	Wednesday	1-2:15 PM	Room 1 Ongoing
*ACE Aerobics (Kim Krampitz)	Wednesday	3:30-4:15 PM	Room 1 Ongoing
T.O.P.S. (Take Off Pounds Sensibly)	Thursday	8:30-10:30 AM	Room 2 Ongoing
Quilting-all levels (Karen Kebinger)	Thursday - Sept. 28	10 AM-12 PM	Room 5 10 weeks
*Physical Fitness (DVD)	Thursday	11:15-11:45 AM	Room 1 Ongoing
*Strength Training (Leann Kroll)	Thursday	2:30-3:30 PM	Room 1 Ongoing
*ACE Aerobics (Patty Davis)	Friday	9-9:45 AM	Room 1 Ongoing
*Gentle Supported Yoga - Pat Develeskis (self-pay)	Friday	9-10 AM	Room 2
*Dancercise (Terry Fitzgerald)	Friday	10:15-11:15 AM	Room 1 Ongoing

** CLASSES RUN TEN (10) WEEKS UNLESS INDICATED BY "ONGOING"