

Happy Holidays!

Active Lifestyles Calendar House of Southington

Volume 5, Issue 6

860-621-3014

DECEMBER, 2017

FROM THE DIRECTOR

The Holiday Season is HERE! I really must say this "Time went by so fast – it's December! Oh my!!"

The Calendar House Staff has been working very hard in preparation for our big move! Our Dial-A-Ride buses...a.k.a. Comet, Cupid, Donner and Blitzen are busy, bringing and returning folks Monday through Friday to various places...They will also be giving Santa a hand on the first of December by providing shuttle service for the Town's Annual White Christmas Celebration in Southington and Plantsville.

Construction of our new Center is moving right along. The exterior is basically completed, and work will now be concentrated in the interior spaces! It's amazing how much progress has been made! Many thanks to the Calendar House Building Committee, BL Architecture Company, KBE Building Corporation, Tabacco & Sons Builders, Inc., KBE Project Superintendent Ricardo Anderson and Project Manager Mike Newton and all of the construction crews for their contributions and hard work. It's been interesting and exciting to watch the process. We are all looking forward to the completion and getting into our beautiful new facility!

During this joyous time of year, I'd like to encourage us all to reach out to friends and neighbors who might be feeling the loss or absence of family and friends. A smile, a note, a visit or phone call can make a world of difference. Please remember our amazing men and women in the armed forces and their families who sacrifice every day to preserve and defend our nation and our freedoms!

On behalf of the Senior Center Advisory Board, the Membership Association Board of Directors and the Calendar House staff, we wish you a safe and joy-filled Holiday season, and a Happy, Healthy New Year!!

Robert Verderame, Executive Director



It's really coming together!

THANK YOU!

SIMPLY CAN'T SAY IT ENOUGH! THANKS for your wonderful response to the Membership Association's 11th annual "NO-BAKE" BAKE SALE. Still not too late, if time has slipped by, you just plain forgot or whatever--Don't miss your opportunity to support your Association without having to bake or bring in goodies. All funds are used to help subsidize special programs, events & entertainment for the coming year. Soooo...if you haven't already, please place your generous donation in the envelope and either mail it or drop it off at the office. And... if you already have THANKS ever so much!!! Checks should be made payable to: Calendar House Membership Association.

MEMBERSHIP MEETINGS

Dec. 21 • Jan. 25

Meetings begin at 1:00 pm. All are welcome! You are encouraged to come for a brief update on the "business" and offer your thoughts, comments & suggestions! Following the meeting, enjoy light refreshments.

CALENDAR HOUSE CLOSINGS

CHRISTMAS DAY: Monday, December 25

NEW YEAR'S DAY: Monday, January 1

Early closing on Friday, December 22 and Friday, December 29, Calendar House will close at noon both days.



Happy Holidays!

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YOUR RSVP IS IMPORTANT

It is important that you RSVP at 860.621.3014 or by stopping in the office for all programs and activities such as Coffee 'n Desserts, Membership Meetings, Etc. Programs may be cancelled unless there is sufficient interest indicated by the number of sign-ups! Thanks!

THURSDAY STRENGTH TRAINING

Please remember that **THURSDAY STRENGTH TRAINING** is **CANCELLED** on **MEMBERSHIP MEETING DAYS**. Membership Meetings are scheduled on Thursday, December 21 and Thursday, January 25.

PARKING AT CALENDAR HOUSE

With parking space at a premium and considerably reduced during construction, parking is available across the street on the former Pleasant View Farm site. Please use extreme caution when crossing the street! When possible, consider car pooling and/or parking at Grace Methodist Church. Dial-A-Ride buses are available for transportation from Grace Methodist to Calendar House, but you **MUST CALL 860-621-3014**, 72 hours/3 business days **AHEAD** to arrange for transportation.

FOOT CLINIC

Sue Zdeblick, RN with 30+ years experience including Foot Care Nurse Certification provides a monthly foot clinic by appointment only. There is a nominal fee. Please call 860.621.3014 for more info or to make an appointment.

FREE BLOOD PRESSURE SCREENINGS

Hartford HealthCare Senior Services and the CT Center for Healthy Aging provide Free Blood Pressure Screenings at Calendar House on the first Thursday of each month 11am-12noon; and the fourth Tuesday of each month 10:00-11:00am. Referrals and resources available.

SCHEDULE CHANGES

Please note the schedule changes:
Wednesdays: Aerobics 3:30-4:15 p.m.
 Dancercise 9 a.m.; No Badminton
Thursdays: T.O.P.S. 8:15 a.m.;
 Strength Training 2:30 p.m.;
Fridays: Aerobics 9-10 a.m.;
 Dancercise 10:15 a.m.

AARP SMART DRIVER COURSE

December 8th; 8:45 a.m. - 1 p.m. Only 4 hours - No written or road tests to pass! Ways to adjust for aging and health-related driving issues. Connecticut-specific information. (formerly known as 55 Alive Safe Driving) Cost: \$15 for AARP Members (must provide membership #) \$20 for Non AARP Members. Payable to AARP. Register at 860.621.3014 Special note: Due to limited parking during construction, you must park at Grace Methodist Church. Shuttle service will be available - picking up at 8:15am and returning at end of class.

GRANNY SQUARES

At Granny Squares knitting & crochet needles click & conversation is lively as the "grannies" get together on Wednesdays at 10 am 'till 12 noon to compare & share! New members welcome! Any skill level from beginner to advanced - bring your own project or come find one! With plenty of experienced ladies on hand, you're sure to find encouragement and assistance. The group also knits or crochets lap blankets, hats, scarves and mittens that are donated to worthy causes. NOTE: If you have any GOOD YARN - clean, acrylic, colorful, smoke-free yarn that you could donate, it will be put to good use! Got any large buttons you don't need - we could use them too! Thanks!!

FESTIVE HOLIDAY PARTY

Our Annual Christmas Party at the Aqua Turf, Kay's Pier South, will be held on Thursday, December 14th beginning at noon. Tickets will be \$30. per person, and go on sale Wednesday, November 1st. Last day to purchase tickets is **FRI-DAY, DECEMBER 8th**. If requesting to be seated at a specific table, please decide the designated person, before purchasing tickets, be sure to specify that name as the group you wish to be seated with. Even if you do not have enough for a table, and wish to be seated with one or several other individuals, PLEASE indicate that when purchasing tickets. Menu: Tossed Salad; Penne Bolognese; Baked Scrod; Roast Beef; Maple Glazed Carrots; Garlic Whipped Potatoes; Rolls & Butter; Coffee & Soda; Cookies & Biscottis. Entertainment provided by Billy Jones, a local DJ and Aqua Turf favorite! Cash Bar Available. (Note: the cost has been reduced thanks to the subsidy provided by your Membership Association.)

MEMBERSHIP MEETING

Thursday 21 December 1:00 PM

All are welcome at the Calendar House Membership Association Meeting on December 21st! You are encouraged to come for a brief update on the "business" and offer your thoughts, comments and suggestions! Light refreshments will be served. RSVP 860.621.3014

DIAL-A-RIDE BUS

DIAL-A-RIDE BUS provides transportation at no charge for Southington residents aged 55 & over and for people with disabilities. To provide efficient, reliable, safe transportation to all our riders, some specific guidelines are being put into place. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. *Medical Appointments: We request seventy-two hours (72 hrs/3 business days) notification be given for all medical appointments, especially for out-of-town appointments. You may schedule up to a month in advance.

- We cannot accommodate same day requests.
- Please schedule in-town medical appointments between 9-11 am and 12:30-2:30 pm.
- Out-of-town medical transportation will be provided as follows, please plan accordingly: Mondays & Wednesdays: Plainville, New Britain & Meriden Mid-state (app'ts between 9:30-1:00pm); Tuesdays & Thursdays: Plainville, Bristol & Farmington (app'ts between 9:30am-1:00pm); Friday: Please call for out-of-town schedule.
- Shopping: Tuesdays & Thursdays with pick up times starting at 9:00am. Shopping returns will begin at 12 noon on both days. Rides to hair appointments can be scheduled on Tuesdays & Thursdays. Shoppers, please call Calendar House on Thursday mornings for following week's shopping schedule. (Requests made after 12 noon on Thursdays may not be accommodated.)
- Monday through Friday rides are provided to & from Calendar House for lunch, activities, programs & appointments.

Please call 860.621.3014 to make your appointments. Thank you.

SENIOR COMMUNITY CAFE

PHONE: 860.621.6738 HOURS: 10:30 - 12:00 Signup sheets are provided daily in the Main Hall. You may sign up on a daily or weekly basis, but you must sign up at least 24 hours in advance. You

must also call to cancel meals. Suggested donation: \$2.50. The program is limited to individuals 60 and older.

ENERGY ASSISTANCE PROGRAM

Applications are now being scheduled for the Energy Assistance Program. Please call 860.621.3014 to make an appointment.

Income guidelines for this program are \$33,880.60 for Single Individual and \$44,305.40 for a couple. Liquid Asset limits are \$12,000. per household for renters and \$15,000. per household for homeowners. All assets over these amounts will be counted as toward total income.

TWO (2) COPIES OF THE FOLLOWING DOCUMENTATION FOR THIS YEAR (2017) ARE REQUIRED:

1. All pages of most recent 2017 financial statements prior to application date (both sides even if blank!). They must include all income, including year-to-date interest and assets (stocks bonds annuities CD's IRA's and all other accounts that can be liquidated). **INCOME INCLUDES:** Social Security (if receiving SS Disability, must provide up-to-date documentation); Pensions; Income from family/friends; Employment (4 most recent pay stubs if paid weekly/2 most recent if paid monthly; Unemployment (proof of weekly benefits received from Dept of Labor); ALL other forms of income including self-employment (special form provided).
2. Utility Bills most recent bill for primary source of heat - Eversource Electric/ Gas, Oil or Propane Company. Make sure your deliverable fuel company participates in the Energy Assistance Program.
3. Rent or Mortgage Receipts
4. Proper form of identification - Proof of residency.

Call Calendar House at 860-621-3014 for an appointment.

IF YOU DON'T PROVIDE ALL PAGES OF DOCUMENTATION, YOUR APPLICATION WILL BE DENIED.

TRIPS! TRIPS! TRIPS!

PLEASE NOTE: Trips will depart from the GRACE METHODIST CHURCH parking lot, down Pleasant Street at corner of Spring Lake Road, accessed from Spring Lake Road. The church is in front of Hatton School and you may park in the back of the church parking lot.

TRIP DESK (located in mini lounge by fireplace) open every Wednesday, 10am-12 noon. **BOOK EARLY** - Trips are selling fast! Payment is required at trip desk to reserve your seat.

- Mon/Dec 4: "CHRISTMAS MEMO-



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- RIES" @ Aqua Turf \$64.pp
- WAIT LIST: Thurs/Dec 7: "DASHING THROUGH THE SNOW" Newport Playhouse: Enjoy a great buffet with wide variety of salads, hot & cold entrees, desserts, beverage; Enjoy the play in reserved seats. After, return to the dining room for Cabaret Show! \$89.pp
- Tues, Dec 12: "HOLIDAY WINTER WISHES" featuring the Steppin' Out Band @Aqua Turf \$41.pp
- Sun/Jan 28: "GALVANIZED JAZZ BAND" traditional New Orleans Jazz @ Nelson Hall \$32.pp **
- Fri/Mar 9: "AMERICAN LONGBOARDS" Roy Orbison music @ Nelson Hall \$37.pp **
- **To book seats at Nelson Hall events, call Karen Simonetta at 203.272.3547
- Tue/Mar 20: "ST PATRICK'S DAY CELEBRATION" @ Aqua Turf \$42.pp
- Wed/Mar 28: "WESTCHESTER THEATRE - A CHORUS LINE" Enjoy this long running Broadway show, full scale musical with the music of Marvin Hamlisch as 17 dancers try out for a spot in the chorus line. Reserved seating; select from an excellent menu for pre-show lunch. \$104.pp
- Fri/Apr 6: "GILBERT & SULLIVAN" with a twist! @ Nelson Hall \$35.pp **
- Fri/Apr 20: "BUDDY & BEYOND" Buddy Holly tribute @ Nelson Hall \$37.pp **
- **To book seats at Nelson Hall events, call Karen Simonetta at 203.272.3547
- Tues/Apr 17: "TRIBUTE TO THE DIVINE MISS M" Bette Midler hits @ Aqua Turf \$43.pp
- Sun/Apr 29: "CHERRY BLOSSOM FESTIVAL" at the 52 acre Brooklyn Botanic Gardens. Admission to Sakura Matsuri Festival of Japanese culture, arts & performances in tribute to the over 200 dazzling cherry trees in the Japanese Garden. Food vendors, sword fighting, tea ceremonies, more. \$77.pp
- Tue/May 22: "LUNCH AT CULINARY INSTITUTE" Founded in 1943, CIA specializes in culinary, baking & pastry art education! Enjoy a student guided tour followed by a three course lunch at Caterina de Medici that includes salad, roasted chicken, gnocchi, glazed carrots & dessert. Then off to the Millbrook Winery for a five-star wine experience w/educational tour & tasting. \$120.pp
- May 9-16, 2018: "IRELAND UNCOVERED" Explore Ireland like never before on this eight day adventure. Featuring Bunratty Castle, Muckross House, Waterford Crystal, Guinness Storehouse, St Patrick's Cathedral, Trinity College & much more. Includes roundtrip air, 6 nights hotel, 6

- full Irish breakfasts, 4 dinners, Merry Ploughboys Show, Bunratty Banquet dinner. Tour director, local guides, airport transfers and gratuities included. \$2899.pp/dble
- Mon/May 21: "THE EDWARDS TWINS" @ Aqua Turf. World famous impersonation act. \$78.pp
- Thurs/Jun 1: "GLEN CAMPBELL EXPERIENCE" w/Jimmy Mazz @ Nelson Hall, \$37.pp **
- Wed/Jun 21: "SIMPLY DIAMOND" Authentic Neil Diamond tribute band @ Nelson Hall. \$39.pp **
- **To book seats at Nelson Hall events, call Karen Simonetta at 203.272.3547
- Thurs/June 14: "BEST OF BOSTON" New England Aquarium with more than 2,000 aquatic animals in the brand new Giant Ocean Tank; plus over 70 exhibits including penguins. Lunch on your own at Quincy Market, enjoy narrated tour of Boston aboard the "Duck"(everyone loves the "Duck") & splash down into the Charles River for a breathtaking waterside view of Boston. \$104.pp
- June 26-July 4: "FRANCE HIDDEN CANAL CRUISE & TOUR" Discover the Loire Canal in the heart of France, charming cities reveal their secrets. Includes: Transfers, airfare, private guided tour of Paris. 7 night cruise w/CroiseEurope on the canal barge Deborah. 7 guided excursions, 8 breakfasts, 7 lunches, 7 dinners, unlimited beverages, Port charges & taxes. \$3,859.pp/dble
- Tues/July 10: "ALL YOU CAN EAT LOBSTER" Delauney House - Lobster, Lobster, Lobster - with cheese & vegetable platter, shrimp cocktail, salad & bread basket served at your table then to the buffet for Lobsters, Pork Marengu, Grilled Haddock, Chicken Marsala, Baked Ziti, salads, fruit & dessert. High energy entertainment with Jimmy Mazz. \$98.pp
- Tues/July 17: "CELEBRATE ITALY" @ Aqua Turf w/Dominic DePasquale &

- orchestra. \$42.pp
- July 16-July 22: "CRUISING ADRIATIC'S EASTERN COAST" Start in Venice with stops in Dubrovnik, Croatia, Kotor, Montenegro, Corfu, Greece, Ravenna Italy and back to Venice this 8 day pkge includes: airfares w/deluxe motor coach transfers, 7 day Adriatic cruise on NCL's Star; port charges & taxes. Meals, nightly entertainment on-board, prepaid on-board gratuities, on-board cocktail party & full time director. Cost: Starting at \$2,699
- July 23-27: "THE REAL QUEBECOIS" Five day-4 nights. Guided tour of Quebec City; Two nights at the 4-star Palace Royal; Two nights at 5-star Fairmont Le Manoir Richelieu at La Malbaie & Casino de Charlevoix; 3 hour whale watch from Baie-Sainte Catherine; and Dinner cruise on the Spirit of Ethan Allen, Burlington VT. \$1079.pp/dble
- Thurs/July 28: "WESTCHESTER THEATER-SISTER ACT" tells the story of Deloris Van Cartier, a disco diva whose life has taken a turn after witnessing a murder. Hidden in a convent, she helps the sisters find their voice and rediscovers her own. Music by Tony award winning Alan Menkin (Disney's Aladdin, Beauty & the Beast & more). Elegant fine dining - select from an excellent menu. \$103.pp
- Aug ?:"LOCKS AND LUNCH" (DATE, DETAIL INFO TO FOLLOW)
- Thurs/Sept 6: "BOSTON CANAL STREET ANTIQUES" this Mall, with over 100 unique antique & vintage goods dealers, is the king of treasure chests! After a fun day shopping, end the afternoon with a buffet style lunch at Salvatore's Restaurant perched on the serene Merrimack River in a beautifully restored historic mill. \$80.pp
- Sept 17-19: "CAPE MAY" Three days, two nights at the Grand Hotel, oceanfront on scenic Beach Drive, Dinner at the Washington Inn. Visit Emien Physick Estate w/view of Cape May Light-

- house. Learn about famous Cape May diamonds found on the beach and admire Cape May's unique architecture. Visit Washington Street Mall and enjoy a trolley ride. Dinner at Union Park Restaurant. \$451.pp/dble
 - Sept 24-26: "SIGHT N SOUND" 'JESUS' (Brand New Show) Three days, 2 nights at the Comfort Inn Suites, Lancaster with welcome smorgasbord dinner at Bird-in-Hand family restaurant. Visit Landis Valley Village Museum's demonstration of early German life. Dinner at Hershey Farm Restaurant after show. Spend day three enjoying Longwood Gardens. \$451.pp/dble
 - Wed/Oct 3: "SHAKER FOR A DAY" at Utopian Village in Pittsfield, MA. Founded in 1783 and active until 1960 members enjoyed simple, peaceful, hardworking lives. Upon arrival, enjoy buffet lunch and Shaker Music Program. Glimpse the Shaker daily life on 90 minute guided tour; followed by cider & cheese reception. \$139.pp
 - Thurs/Oct 23: "OCTOBERFEST AT KRUCKER'S" Enjoy a full day of food, fun, entertainment, music & dancing at Krucker's in Pomona NY. Reception: coffee, tea, buttermilk scones, pancakes w/maple syrup & apple cider. Lunch: Barley soup, applesauce, choose sauerbraten w/red cabbage or sliced pork loin w/sauerkraut, mashed potatoes, vegetables, apple strudel & vanilla ice cream. Beer, wine & soft drinks. Bratwurst sandwich & cucumber salad served at 4 pm. \$93.pp.
- FOR MORE INFO on any of these trips, and to see what's coming up, log-on www.calendarhouse.org & click "trips" tab! Or pick up a flyer on the "rounder" in Calendar House lobby. BE ASSURED Trip Desk (Reservations/Payments) will be available during transition to new building. (Look for signs)

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In Memoriam

**Charlotte Elsing
Gertrude N. Semrow 3rd Anniversary**

**Helene Triano
Philip Wache
John J. Wynne**

Donations in memory or honor of of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.



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DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 9AM Ping Pong 9AM Pool Players 9:30AM Line Dance 10:30AM Stained Glass 11AM Physical Fitness 12PM Lunch 12:30PM Mah Jong 2:30PM Badminton	5 9AM Pool Players 11AM Physical Fitness 12PM Lunch 1PM Setback 2:30PM Strength Training Foot Clinic by Appointment	6 9AM Dancercise 9AM Pool Players 9AM Gentle Yoga 10AM Granny Squares 12PM Lunch 1PM Watercolor (Beg/Int) 1PM Ping Pong 3:30PM Ace Aerobics 10AM-Noon Trip Desk	7 8:30AM TOPS 9AM Pool Players 10AM Quilting (All Levels) 11AM Physical Fitness 12PM Lunch NO Strength Training 11AM-12PM Blood Pressure with CT Center for Healthy Aging	8 9AM Aerobics 9AM Pool Players 9AM Gentle Yoga 10:15AM Dancercise 12PM Lunch 1PM Bingo 8:45AM AARP Smart Drivers Class	9
10	11 9AM Ping Pong 9AM Pool Players 9:30AM Line Dance 10:30AM Stained Glass 11AM Physical Fitness 12PM Lunch 12:30PM Mah Jong 2:30PM Badminton	12 9AM Pool Players 11AM Physical Fitness 12PM Lunch 1PM Setback 2:30PM Strength Training	13 9AM Dancercise 9AM Pool Players 9AM Gentle Yoga 10AM Granny Squares 12PM Lunch 1PM Ping Pong 3:30PM Ace Aerobics 10AM-Noon Trip Desk	14 8:30AM TOPS 9AM Pool Players 11AM Physical Fitness 12PM Lunch NO Strength Training 12PM Annual Christmas Party at Aqua Turf	15 9AM Aerobics 9AM Pool Players 9AM Gentle Yoga 10:15AM Dancercise 12PM Lunch 1PM Bingo	16
17	18 9AM Ping Pong 9AM Pool Players 9:30AM Line Dance 10:30AM Stained Glass 11AM Physical Fitness 12PM Lunch 12:30PM Mah Jong 2:30PM Badminton	19 9AM Pool Players 11AM Physical Fitness 12PM Lunch 1PM Setback 2:30PM Strength Training Foot Clinic by Appointment	20 9AM Dancercise 9AM Pool Players 9AM Gentle Yoga 10AM Granny Squares 12PM Lunch 1PM Ping Pong 3:30PM Ace Aerobics 10AM-Noon Trip Desk	21 8:30AM TOPS 9AM Pool Players 11AM Physical Fitness 12PM Lunch NO Strength Training 1PM Membership Meeting	22 Center and Town Offices Closing at Noon	23
24	25 Center Closed Merry Christmas	26 9AM Pool Players 11AM Physical Fitness 12PM Lunch 1PM Setback 2:30PM Strength Training 10-11AM Blood Pressure with CT Center for Healthy Aging	27 9AM Dancercise 9AM Pool Players 9AM Gentle Yoga 10AM Granny Squares 12PM Lunch 1PM Ping Pong 3:30PM Ace Aerobics 10AM-Noon Trip Desk	28 8:30AM TOPS 9AM Pool Players 11AM Physical Fitness 12PM Lunch 2:30PM Strength Training	29 Center and Town Offices Closing at Noon	30
31	1 Center Closed Happy New Year!	2 9AM Pool Players 11AM Physical Fitness 12PM Lunch 1PM Setback 2:30PM Strength Training Foot Clinic by Appointment	3 9AM Dancercise 9AM Pool Players 9AM Gentle Yoga 10AM Granny Squares 12PM Lunch 1PM Ping Pong 3:30PM Ace Aerobics 10AM-Noon Trip Desk	4 8:30AM TOPS 9AM Pool Players 11AM Physical Fitness 12PM Lunch 2:30PM Strength Training 11AM-12PM Blood Pressure with CT Center for Healthy Aging	5 9AM Aerobics 9AM Pool Players 9AM Gentle Yoga 10:15AM Dancercise 12PM Lunch 1PM Bingo	6

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